

August 2025

Forest Hill Heights Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>August cont'd</div> <div>31</div> <div><div>9:30🧠Morning Chats and News [MP]</div><div>10:30🦋Rosary and Communion [AR]</div><div>1:00🧩Page Word Puzzles [AR]</div><div>2:00🧠Board Games [AR]</div><div>3:00🔨Jewelry Making [AR]</div><div>4:00🍷Balloon Toss [AR]</div><div>4:30🧩Daily Chronicle Fun Facts [AR]</div><div>6:00🧠Yahtzee Tournament [AR]</div><div>7:00🕒Evening TV Shows [L]</div></div>	<div></div> <div></div> <div><div>FOREST HILL HEIGHTS</div></div>	<div>Activity Schedule is subject to change.</div> <div>Contact our Recreation Staff with any questions.</div> <div>Forest Hill Heights, LLC</div> <div>410-893-3070</div>	<div>🧩Intellectual</div> <div>🌻Other</div> <div>🍷Physical</div> <div>🔨Purposeful</div> <div>🧠Social</div> <div>🦋Spiritual</div>	<div>Location Key</div> <div>Activity Room AR</div> <div>Lounge L</div> <div>Multi-Purpose Room MP</div>	<div>9:30🍷Chair Dancercise [L]</div> <div>10:30🧩Categories! [AR]</div> <div>1:30🧠BINGO! [AR]</div> <div>3:30🧠Harp Concert with Laura [L]</div> <div>4:30🧩Daily Chronicle Fun Facts [AR]</div> <div>6:00🧩Card Games and Crosswords [AR]</div> <div>7:00🕒Evening TV Shows [L]</div> <div>1</div>	<div>9:30🧠Coffee Chats [AR]</div> <div>10:30🍷Arcade Games [AR]</div> <div>11:00🧩August Color Along [AR]</div> <div>1:00🧩Crossword Puzzles [AR]</div> <div>2:00🧩Documentary Hour - Animal / Nature [AR]</div> <div>3:00🧩Crafty Hour - Free Paint / Draw [AR]</div> <div>4:30🧩Daily Chronicle Fun Facts [AR]</div> <div>6:00🧩Arcade Games and Puzzle Club [AR]</div> <div>7:00🕒Evening TV Shows [L]</div> <div>2</div>
<div>9:30🧠Morning Chats and News [MP]</div> <div>10:30🦋Rosary and Communion [AR]</div> <div>1:00🧩Page Word Puzzles [AR]</div> <div>2:00🦋Oak Grove Musical Performance [L]</div> <div>3:00🔨Jewelry Making [AR]</div> <div>4:00🍷Balloon Toss [AR]</div> <div>4:30🧩Daily Chronicle Fun Facts [AR]</div> <div>6:00🧠Yahtzee Tournament [AR]</div> <div>7:00🕒Evening TV Shows [L]</div> <div>3</div>	<div>Wear Yellow Day</div> <div>9:30🍷Seated Stretches [L]</div> <div>10:30🧩Word Searches [AR]</div> <div>1:00🕒Nail Polishing [AR]</div> <div>2:00🧩Star of the Month - Melissa McCarthy [AR]</div> <div>2:30🔨Creativity Club : Paint a Hibiscus [AR]</div> <div>3:00🧩Common Threads Game [AR]</div> <div>4:30🧩Daily Chronicle Fun Facts [AR]</div> <div>6:00🍷Arcade Games and Puzzle Club [AR]</div> <div>7:00🕒Evening TV Shows [L]</div> <div>4</div>	<div>9:30🍷Scarf Aerobics [L]</div> <div>10:00🧩Who Am I? [AR]</div> <div>11:00🧠Conversation Ball [AR]</div> <div>1:00🔨Jewelry Making [AR]</div> <div>2:00🦋Rev. Weih Baptist Service [MP]</div> <div>2:00🕒Scenic Bus Ride [L]</div> <div>3:00🧩Matching Garage Sale Puzzle [AR]</div> <div>4:30🧩Daily Chronicle Fun Facts [AR]</div> <div>6:00🧠Music with Tom Cooke [L]</div> <div>7:00🕒Evening TV Shows [L]</div> <div>5</div>	<div>9:30🍷Chair Yoga [L]</div> <div>10:30🧩Military Memories - Remember When [AR]</div> <div>11:15🦋Full Mass with St. Ignatius [AR]</div> <div>1:00🦋North Harford Worship Music [AR]</div> <div>1:30🧠BINGO! [AR]</div> <div>3:30🧩Word Mining and Stickman [AR]</div> <div>4:30🧩Daily Chronicle Fun Facts [AR]</div> <div>6:00🧩Spelling Bee [AR]</div> <div>7:00🕒Evening TV Shows [L]</div> <div>6</div>	<div>Wear 60's Attire Day</div> <div>9:30🍷Seated Dumbbell Exercise [L]</div> <div>10:00🧩Page Word Puzzles [AR]</div> <div>11:00🍷Table Broom Hockey [AR]</div> <div>1:00🕒Nail Polishing [AR]</div> <div>2:00🕒Resident Meeting and Dining Discussions [AR]</div> <div>2:00🧩Trivia Corner [AR]</div> <div>3:30🍷Balloon Toss [AR]</div> <div>4:30🧩Daily Chronicle Fun Facts [AR]</div> <div>6:00🧠Pokeno and Puzzle Club [AR]</div> <div>7:00🕒Evening TV Shows [L]</div> <div>7</div>	<div>9:30🍷Chair Dancercise [L]</div> <div>10:30🧩Wacky Wordies! [AR]</div> <div>1:30🧠BINGO! [AR]</div> <div>3:30🍷Beach Volleyball! [L]</div> <div>4:30🧩Daily Chronicle Fun Facts [AR]</div> <div>6:00🧩Card Games and Crosswords [AR]</div> <div>7:00🕒Evening TV Shows [L]</div> <div>8</div>	<div>9:30🧠Coffee Chats [AR]</div> <div>10:30🍷Arcade Games [AR]</div> <div>11:00🧩August Color Along [AR]</div> <div>1:00🧩Crossword Puzzles [AR]</div> <div>2:00🧩Documentary Hour - Animal / Nature [AR]</div> <div>3:00🧩Crafty Hour - Free Paint / Draw [AR]</div> <div>4:30🧩Daily Chronicle Fun Facts [AR]</div> <div>6:00🧩Arcade Games and Puzzle Club [AR]</div> <div>7:00🕒Evening TV Shows [L]</div> <div>9</div>
<div>9:30🧠Morning Chats and News [MP]</div> <div>10:30🦋Rosary and Communion [AR]</div> <div>1:00🧩Page Word Puzzles [AR]</div> <div>2:00🧠Board Games [AR]</div> <div>3:00🔨Jewelry Making [AR]</div> <div>4:00🍷Balloon Toss [AR]</div> <div>4:30🧩Daily Chronicle Fun Facts [AR]</div> <div>6:00🧩Math Message Puzzle [AR]</div> <div>7:00🕒Evening TV Shows [L]</div> <div>10</div>	<div>9:30🍷Seated Stretches [L]</div> <div>10:30🧩Word Searches [AR]</div> <div>1:00🕒Nail Polishing [AR]</div> <div>2:00🧠Afternoon Movie in the Lounge [L]</div> <div>4:30🧩Daily Chronicle Fun Facts [AR]</div> <div>6:00🍷Arcade Games and Puzzle Club [AR]</div> <div>7:00🕒Evening TV Shows [L]</div> <div>11</div>	<div>9:30🍷Scarf Aerobics [L]</div> <div>10:00🧩What Am I? [AR]</div> <div>11:00🧠Conversation Ball [AR]</div> <div>12:00🧠Lunch In - Papa John's [AR]</div> <div>1:00🔨Jewelry Making [AR]</div> <div>3:00🧩Collage Detective [AR]</div> <div>4:30🧩Daily Chronicle Fun Facts [AR]</div> <div>6:00🧠Chats and Hydration Station [AR]</div> <div>7:00🕒Evening TV Shows [L]</div> <div>12</div>	<div>9:30🍷Chair Yoga [L]</div> <div>10:30🧩Movie Mania [AR]</div> <div>10:30🦋Rosary and Communion [AR]</div> <div>1:00🦋North Harford Worship Music [AR]</div> <div>1:30🧠BINGO! [AR]</div> <div>3:30🧩Word Mining and Stickman [AR]</div> <div>4:30🧩Daily Chronicle Fun Facts [AR]</div> <div>6:00🦋Jokes and Jams with Centre Methodist [L]</div> <div>7:00🕒Evening TV Shows [L]</div> <div>13</div>	<div>Wear 70's Attire Day</div> <div>9:30🍷Seated Dumbbell Exercise [L]</div> <div>10:00🧩Page Word Puzzles [AR]</div> <div>11:00🍷Table Broom Hockey [AR]</div> <div>1:00🕒Nail Polishing [AR]</div> <div>1:00🦋Peaceful Piano with Mary Lou [L]</div> <div>2:00🧠Ladies Tea [AR]</div> <div>2:00🧩Men's Social [MP]</div> <div>3:30🍷Balloon Toss [AR]</div> <div>4:30🧩Daily Chronicle Fun Facts [AR]</div> <div>6:00🧠Pokeno and Puzzle Club [AR]</div> <div>7:00🕒Evening TV Shows [L]</div> <div>14</div>	<div>Wear Hawaiian Attire Day</div> <div>9:30🍷Chair Dancercise [L]</div> <div>10:30🧩Concentration Puzzles! [AR]</div> <div>1:30🧠BINGO! [AR]</div> <div>3:30🍷Beach Volleyball! [L]</div> <div>4:30🧩Daily Chronicle Fun Facts [AR]</div> <div>6:00🧠Rockin' with Danny Dolan and Hawaiian Luau [L]</div> <div>7:00🕒Evening TV Shows [L]</div> <div>15</div>	<div>9:30🧠Coffee Chats [AR]</div> <div>10:30🍷Arcade Games [AR]</div> <div>11:00🧩August Color Along [AR]</div> <div>1:00🧩Crossword Puzzles [AR]</div> <div>2:00🧩Documentary Hour - Animal / Nature [AR]</div> <div>3:00🧩Crafty Hour - Free Paint / Draw [AR]</div> <div>4:30🧩Daily Chronicle Fun Facts [AR]</div> <div>6:00🧩Arcade Games and Puzzle Club [AR]</div> <div>7:00🕒Evening TV Shows [L]</div> <div>16</div>
<div>9:30🧠Morning Chats and News [MP]</div> <div>10:30🦋Rosary and Communion [AR]</div> <div>1:00🧩Page Word Puzzles [AR]</div> <div>2:00🧠Board Games [AR]</div> <div>3:00🔨Jewelry Making [AR]</div> <div>4:00🍷Balloon Toss [AR]</div> <div>4:30🧩Daily Chronicle Fun Facts [AR]</div> <div>6:00🧠Yahtzee Tournament [AR]</div> <div>7:00🕒Evening TV Shows [L]</div> <div>17</div>	<div>9:30🍷Seated Stretches [L]</div> <div>10:30🧩Word Searches [AR]</div> <div>1:00🕒Nail Polishing [AR]</div> <div>2:00🧩Travelogue - Kansas [AR]</div> <div>3:00🔨Creativity Club : Palm Tree Painting [AR]</div> <div>4:30🧩Daily Chronicle Fun Facts [AR]</div> <div>6:00🍷Arcade Games and Puzzle Club [AR]</div> <div>7:00🕒Evening TV Shows [L]</div> <div>18</div>	<div>Dress Like a Twin Day</div> <div>9:30🍷Scarf Aerobics [L]</div> <div>10:00🧩When Am I? [AR]</div> <div>11:00🧠Conversation Ball [AR]</div> <div>12:00🧠Lunch In - Magerk's [AR]</div> <div>1:00🔨Jewelry Making [AR]</div> <div>2:00🧠Just Having Fun Singing Group [L]</div> <div>3:00🧩Double Exposure Puzzle [AR]</div> <div>4:30🧩Daily Chronicle Fun Facts [AR]</div> <div>6:00🧠Chats and Hydration Station [AR]</div> <div>7:00🕒Evening TV Shows [L]</div> <div>19</div>	<div>9:30🍷Chair Yoga [L]</div> <div>10:30🦋Rosary and Communion [AR]</div> <div>10:30🧩Would You Rather? [AR]</div> <div>1:00🦋North Harford Worship Music [AR]</div> <div>1:30🧠BINGO! [AR]</div> <div>3:30🧩Word Mining and Stickman [AR]</div> <div>4:30🧩Daily Chronicle Fun Facts [AR]</div> <div>6:00🧩Spelling Bee [AR]</div> <div>7:00🕒Evening TV Shows [L]</div> <div>20</div>	<div>Wear 80's Attire Day</div> <div>9:30🍷Seated Dumbbell Exercise [L]</div> <div>10:00🧩Page Word Puzzles [AR]</div> <div>11:00🍷Table Broom Hockey [AR]</div> <div>1:00🕒Nail Polishing [AR]</div> <div>2:00🕒Bus Trip - Walmart [L]</div> <div>2:00🧩Trivia Corner [AR]</div> <div>3:30🍷Balloon Toss [AR]</div> <div>4:30🧩Daily Chronicle Fun Facts [AR]</div> <div>6:00🧠Pokeno and Puzzle Club [AR]</div> <div>7:00🕒Evening TV Shows [L]</div> <div>21</div>	<div>9:30🍷Chair Dancercise [L]</div> <div>10:30🧩August IQ Puzzle! [AR]</div> <div>11:00🧩Silver Reader Delivery [L]</div> <div>1:30🧠BINGO! [AR]</div> <div>3:30🍷Beach Volleyball! [L]</div> <div>4:30🧩Daily Chronicle Fun Facts [AR]</div> <div>6:00🧩Card Games and Crosswords [AR]</div> <div>7:00🕒Evening TV Shows [L]</div> <div>22</div>	<div>9:30🧠Coffee Chats [AR]</div> <div>10:30🍷Arcade Games [AR]</div> <div>11:00🧩August Color Along [AR]</div> <div>1:00🧩Crossword Puzzles [AR]</div> <div>2:00🧩Documentary Hour - Animal / Nature [AR]</div> <div>3:00🧩Crafty Hour - Free Paint / Draw [AR]</div> <div>4:30🧩Daily Chronicle Fun Facts [AR]</div> <div>6:00🧩Arcade Games and Puzzle Club [AR]</div> <div>7:00🕒Evening TV Shows [L]</div> <div>23</div>
<div>Wear Maryland Colors Day</div> <div>9:30🧠Morning Chats and News [MP]</div> <div>10:30🦋Rosary and Communion [AR]</div> <div>1:00🧩Page Word Puzzles [AR]</div> <div>2:00🧠Board Games [AR]</div> <div>3:00🔨Jewelry Making [AR]</div> <div>4:00🍷Balloon Toss [AR]</div> <div>4:30🧩Daily Chronicle Fun Facts [AR]</div> <div>6:00🧩Mini Sudoku Puzzles [AR]</div> <div>7:00🕒Evening TV Shows [L]</div> <div>24</div>	<div>9:30🍷Seated Stretches [L]</div> <div>10:30🧩Word Searches [AR]</div> <div>1:00🕒Nail Polishing [AR]</div> <div>1:30🧠Happy Birthday Ice Cream Social [L]</div> <div>4:30🧩Daily Chronicle Fun Facts [AR]</div> <div>6:00🍷Arcade Games and Puzzle Club [AR]</div> <div>6:00🧠Music with Vic and August Birthday's Party [L]</div> <div>7:00🕒Evening TV Shows [L]</div> <div>25</div>	<div>9:30🍷Scarf Aerobics [L]</div> <div>10:00🧩Where Am I? [AR]</div> <div>11:00🧠Conversation Ball [AR]</div> <div>12:00🧠Lunch In - Jersey Mike's [AR]</div> <div>1:00🔨Jewelry Making [AR]</div> <div>3:00🧩Collage Detective [AR]</div> <div>4:30🧩Daily Chronicle Fun Facts [AR]</div> <div>6:00🧠Chats and Hydration Station [AR]</div> <div>7:00🕒Evening TV Shows [L]</div> <div>26</div>	<div>9:30🍷Chair Yoga [L]</div> <div>10:30🦋Rosary and Communion [AR]</div> <div>10:30🧩Wizard of Oz Stickman Game [AR]</div> <div>1:00🦋North Harford Worship Music [AR]</div> <div>1:30🧠BINGO! [AR]</div> <div>3:00🧩Dice Games! [AR]</div> <div>3:30🧩Word Mining and Stickman [AR]</div> <div>4:30🧩Daily Chronicle Fun Facts [AR]</div> <div>6:00🦋Jokes and Jams with Centre Methodist [L]</div> <div>7:00🕒Evening TV Shows [L]</div> <div>27</div>	<div>Wear 90's Attire Day</div> <div>9:30🍷Seated Dumbbell Exercise [L]</div> <div>10:00🧩Page Word Puzzles [AR]</div> <div>11:00🍷Table Broom Hockey [AR]</div> <div>1:30🧠Classics with Chris [L]</div> <div>2:00🧩Trivia Corner [AR]</div> <div>3:30🍷Balloon Toss [AR]</div> <div>4:30🧩Daily Chronicle Fun Facts [AR]</div> <div>6:00🧠Pokeno and Puzzle Club [AR]</div> <div>7:00🕒Evening TV Shows [L]</div> <div>28</div>	<div>9:30🍷Chair Dancercise [L]</div> <div>10:30🧩Categories! [AR]</div> <div>1:30🧠BINGO! [AR]</div> <div>3:30🍷Beach Volleyball! [L]</div> <div>4:30🧩Daily Chronicle Fun Facts [AR]</div> <div>6:00🧩Card Games and Crosswords [AR]</div> <div>7:00🕒Evening TV Shows [L]</div> <div>29</div>	<div>9:30🧠Coffee Chats [AR]</div> <div>10:30🍷Arcade Games [AR]</div> <div>11:00🧩August Color Along [AR]</div> <div>1:00🧩Crossword Puzzles [AR]</div> <div>2:00🧩Documentary Hour - Animal / Nature [AR]</div> <div>3:00🧩Crafty Hour - Free Paint / Draw [AR]</div> <div>4:30🧩Daily Chronicle Fun Facts [AR]</div> <div>6:00🧩Arcade Games and Puzzle Club [AR]</div> <div>7:00🕒Evening TV Shows [L]</div> <div>30</div>