

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| <div> <div>July 2025</div> <div>Forest Hill Heights Assisted Living</div> </div> | | 9:30am- Scarf Aerobics 10am- Board Games 11:00am- Page Word Puzzles 1pm- Travelogue – North Island, New Zealand 2pm- Rev. Weih Baptist Service 2pm- SCENIC BUS RIDE 3:30pm- Logical Numbers Puzzle 4:30pm- Daily Chronicle Fun Facts 6pm- Music with Tom Cooke 7pm- Evening TV Shows Canada Day | 9:30am- Songs and Crafts with Children's Manor 10:30am- Chair Yoga 10:30am- Rosary & Communion 1pm- North Harford Worship Service 1:30pm- Bingo 3:00pm- Famous July Birthdays 4:30pm- Daily Chronicle Fun Facts 6pm- Spelling Bee 7pm- Evening TV Shows Wear Green Day! | 9:30am- Seated Dumbbell Exercise 10:00am- Crosswords 11am- Full Mass Service with St. Ignatius 1:00pm- Nail Polishing 2:00pm- Resident's Meeting & Dining Discussions 2:30pm- CREATIVITY CLUB: PATRIOTIC PALETTE 3:30pm- Afternoon Exercise 4:30pm- Daily Chronicle Fun Facts 6pm- Pokeno!/Puzzle Club 7pm- Evening TV Shows | 9:30am- Chair Dancercise 10:30am- Who Am I? 1:30pm- Bingo 3:30pm- Harp Concert with Laura 4:30pm- Daily Chronicle Fun Facts 6pm- Pokeno! / Crosswords 7pm- Evening TV Shows Wear PATRIOTIC COLORS Day! Independence Day (US) | 9:30am- Morning Coffee Talks 10:30am- Categories! 1pm- Balloon Toss and Sing Along 2pm- Jeopardy Trivia! 3pm- Zing Ball 4:30pm- Daily Chronicle Fun Facts 6pm- Wheel of Fortune 7pm- Evening TV Shows |
| 9:30am- Morning Chats and News 10:30am- Rosary & Communion 10:30am- Oodles Memory Game 1pm- Change the First Letter Puzzle 2pm- Oak Grove Church Musical Performance in the Lounge 3pm- Nail Polishing 4pm- Balloon Toss 4:30pm- Daily Chronicle Fun Facts 6pm- Yahtzee Tournament 7pm- Evening TV Shows | 9:30am- Seated Stretches 10am- HISTORY'S MYSTERIES - THE PHILADELPHIA EXPERIMENT 11am- Resident's Choice 1pm- Jewelry Making 2:30pm- Compound Your Memory Game 3:00pm- Bald Eagle Color Along 4:30pm- Daily Chronicle Fun Facts 6pm- Karaoke in the Lounge 7pm- Evening TV Shows | 9:30am- Scarf Aerobics 10am- Page Word Puzzles 11am- Board Games 1pm- Jewelry Making 2:30pm- Table Broom Hockey/Axe Throwing 3:00pm- Modern Jeopardy Trivia 4:30pm- Daily Chronicle Fun Facts 6pm- Chats and Hydration Station 7pm- Evening TV Shows | 9:30am- Chair Yoga 10:30am- Reader's Theater 10:30am- Rosary & Communion 1pm- North Harford Worship Service 1:30pm- Bingo 3:00pm- Nail Polishing 4:30pm- Daily Chronicle Fun Facts 6pm- Jokes & Jams with Centre Methodist 7pm- Evening TV Shows | 9:30am- Seated Dumbbell Exercise 10am- Concentration Puzzles 11am- Zing Ball 1:00pm- Jewelry Making 2:00pm- Ladies Tea & Men's Social 3pm- Who Am I? 3:30pm- Afternoon Exercise 4:30pm- Daily Chronicle Fun Facts 6pm- Pokeno!/Puzzle Club 7pm- Evening TV Shows Wear neon COLORS Day! | 9:30am- Chair Dancercise 10:30am- Wacky Wordies 1:30pm- Bingo 3:30pm- Word Mining 4:30pm- Daily Chronicle Fun Facts 6pm- Pokeno! / Crosswords 7pm- Evening TV Shows | 9:30am- Morning Coffee Talks 10:30am- Jingle Bells in July Wordsearch 1pm- Oodles Memory Game 2pm- Finish the Song Lyric Game 3pm- Axe Throwing/Basketball Shoots 4:30pm- Daily Chronicle Fun Facts 6pm- Wheel of Fortune 7pm- Evening TV Shows |
| 9:30am- Morning Chats and News 10:30am- Rosary & Communion 10:30am- Oodles Memory Game 1pm- Board Games 2pm- July IQ Quiz 3pm- Nail Polishing 4pm- Balloon Toss 4:30pm- Daily Chronicle Fun Facts 6pm- Manly Jeopardy Trivia 7pm- Evening TV Shows | 9:30am- Seated Stretches 10:30am- Hollywood Star of the Month – Russell Crowe 1pm- Afternoon Movie in the Lounge 3:00pm- Dice Games! 4pm- Cute Cupcakes Crossword 4:30pm- Daily Chronicle Fun Facts 6pm- July Color Along/ Puzzle Club 7pm- Evening TV Shows | 9:30am- Scarf Aerobics 10am- Page Word Puzzles 11:00am- Board Games 12pm- Lunch in from Fisherman's Catch (\$) 1pm- Jewelry Making 2pm- Just Having Fun Singing Group in the Lounge 3:00pm- New Zealand Trivia 4:30pm- Daily Chronicle Fun Facts 6pm- Chats and Hydration Station 7pm- Evening TV Shows Wear a GRAPHIC T-SHIRT Day! | 9:30am- Chair Yoga 10:30am- Resident's Choice 10:30am- Rosary & Communion 1pm- North Harford Worship Service 1:30pm- Bingo 3:00pm- Junk Drawer Detective 4:30pm- Daily Chronicle Fun Facts 6pm- Spelling Bee 7pm- Evening TV Shows | 9:30am- Seated Dumbbell Exercise 10am- Fun Random Trivia 1:00pm- Balloon Toss and Sing Along 2:30pm- Sudoku Puzzle 3:00pm- What Am I? 3:30pm- Resident's Choice 4:30pm- Daily Chronicle Fun Facts 6pm- Pokeno!/ Puzzle Club 7pm- Evening TV Shows | 9:30am- Chair Dancercise 10:30am- Picture It Game 1:30pm- Bingo 3:30pm- Word Mining 4:30pm- Daily Chronicle Fun Facts 6pm- Rockin' with Danny Dolan 7pm- Evening TV Shows | 9:30am- Morning Coffee Talks 10:30am- Yankee Doodle Boy! 11am- New Zealand Animals Puzzle 1pm- Oodles Memory Game 2pm- Zing Ball 3pm- Nature Documentary 4:30pm- Daily Chronicle Fun Facts 6pm- Wheel of Fortune 7pm- Evening TV Shows |
| 9:30am- Morning Chats and News 10:30am- Rosary & Communion 10:30am- Oodles Memory Game 1pm- Board Games 2pm- Resident's Choice 3:00pm- Ready For It Puzzle 4pm- Balloon Toss 4:30pm- Daily Chronicle Fun Facts 6pm- New Zealand Crossword 7pm- Evening TV Shows | 9:30am- Seated Stretches 10am- HISTORY'S MYSTERIES - Area 51 11am- Resident's Choice 1pm- Jewelry Making 2:30pm- Spelling Bee 3:00pm- Chair Volleyball 4pm- Card Games 4:30pm- Daily Chronicle Fun Facts 6pm- Zing Ball/ Puzzle Club 7pm- Evening TV Shows Wear CRAZY-FUNKY SOCKS Day! | 9:30am- Scarf Aerobics 10am- Page Word Puzzles 11am- Board Games 12pm- Lunch in from Mr. Souvlaki (\$) 1pm- Jewelry Making 3pm- Table Broom Hockey/Axe Throwing 4:30pm- Daily Chronicle Fun Facts 6pm- Chats and Hydration Station 7pm- Evening TV Shows | 9:30am- Chair Yoga 10:30am- Reader's Theater 10:30am- Rosary & Communion 1pm- North Harford Worship Service 1:30pm- Bingo 3:00pm- Nail Polishing 4:30pm- Daily Chronicle Fun Facts 6pm- Jokes & Jams with Centre Methodist 7pm- Evening TV Shows | 9:30am- Seated Dumbbell Exercise 10:00am- Matching Sundaes Puzzle 11:00am - Zing Ball 1:30pm- Classics with Chris 2:30pm- Searching for July Word Search 3:00pm- Who Am I? 3:30pm- Afternoon Exercise 4:30pm- Daily Chronicle Fun Facts 6pm- Pokeno!/ Puzzle Club 7pm- Evening TV Shows | 9:30am- Chair Dancercise 10am- CREATIVITY CLUB: FIREWORKS PAINTING 11am- Silver Reader Delivery 1:30pm- Bingo 3:30pm- Arithmetic Showdown Game 4:30pm- Daily Chronicle Fun Facts 6pm- Card Games and Hydration Station 7pm- Evening TV Shows | 9:30am- Morning Coffee Talks 10:30am- Mixed-Up Summer Game Puzzle 11am- Categories! 1pm- Oodles Memory Game 2pm- Chicago White Sox Wordsearch 3pm- Nature Documentary 4:30pm- Daily Chronicle Fun Facts 6pm- Wheel of Fortune 7pm- Evening TV Shows |
| 9:30am- Morning Chats and News 10:30am- Rosary & Communion 10:30am- Oodles Memory Game 1pm- Board Games 2pm- Resident's Choice 3:00pm- Word Mining 4pm- Balloon Toss 4:30pm- Daily Chronicle Fun Facts 6pm- Yahtzee Tournament 7pm- Evening TV Shows | 9:30am- Seated Stretches 10am- Jewelry Making 11am- Resident's Choice 1pm- HISTORY'S MYSTERIES - THE BERMUDA TRIANGLE 2pm- Secret New Zealand Quote 4pm- What's The Verdict? Game 4:30pm- Daily Chronicle Fun Facts 6pm- Music with Vic & July Birthday's Party 7pm- Evening TV Shows | 9:30am- Scarf Aerobics 10am- Chair Volleyball 11am- Board Games 1pm- Jewelry Making 2pm- BUS TRIP- Harford Mall 3:30pm- Searching For Opposites Puzzle 4:30pm- Daily Chronicle Fun Facts 6pm- Chats and Hydration Station 7pm- Evening TV Shows | 9:30am- Chair Yoga 10:30am- Resident's Choice 10:30am- Rosary & Communion 1pm- North Harford Worship Service 1:30pm- Bingo 3:00pm- Junk Drawer Detective 4:30pm- Daily Chronicle Fun Facts 5pm- Country Western BBQ Night! 7pm- Evening TV Shows Wear western-rodeo gear Day! | 9:30am- Seated Dumbbell Exercise 10am- More Jeopardy Trivia 1:00pm- Balloon Toss and Sing Along 2:30pm- Left-Right Game 3:00pm- What Am I? 3:30pm- Afternoon Exercise 4:30pm- Daily Chronicle Fun Facts 6pm- Pokeno!/ Puzzle Club 7pm- Evening TV Shows | <div>STAY COOL!</div> | |