

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:30am- Morning Chats and News 10:30am- Rosary & Communion 10:30am- Oodles Memory Game 1pm- Board Games 2pm- US National Guard Wordsearch / Oak Grove Church Musical Performance in the Lounge 3pm- Nail Polishing 4pm- Let Your Light Shine Color Along 4:30pm- Daily Chronicle Fun Facts 6pm- Yahtzee Tournament 7pm- Evening TV Shows</p>	<p>9:30am- Seated Stretches 10am- Finishers Word Game 1pm- Hollywood Star of the Month – Judi Dench 1pm- Afternoon Movie in the Lounge 2pm- Laughs and Tunes with Linda and Charlie 3:00pm- Nail Polishing 4pm- And That's That Word Game 4:30pm- Daily Chronicle Fun Facts 6pm- Karaoke in the Lounge 7pm- Evening TV Shows Wear Blue and White Day!</p>	<p>9:30am- Scarf Aerobics 10am- Searching for December Word Search 11am-Modern Jeopardy Trivia 1pm- Pack the Presents Game 2pm- Jewelry Making 3pm- Sudoku Puzzle! 4:30pm- Daily Chronicle Fun Facts 6pm- Music with Tom Cooke 7pm- Evening TV Shows</p>	<p>9:30am- Chair Yoga 10:30am- Rosary & Communion 1pm- North Harford Worship Service 1:30pm- Bingo 3:00pm- Nail Polishing 4:30pm- Daily Chronicle Fun Facts 6pm- Axe Throwing 7pm- Evening TV Shows</p>	<p>9:30am- Seated Dumbbell Exercise 10:30am-Crosswords 1:00pm- Nail Polishing 2pm- Full Mass Service with St. Ignatius (multi-purpose room) 2pm- Rev. Weih Baptist Service (activity room) 3:00pm- Christmas Music Trivia 4:30pm- Daily Chronicle Fun Facts 5:30pm- Caroling with the Girl Scouts in the Lounge 6pm- Pokeno! 7pm- Evening TV Shows</p>	<p>9:30am- Chair Dancercise 10:30am- Resident's Meeting 10:30am- Resident's Choice 1:30pm- Bingo 3:30pm- Harp Concert with Laura 4:30pm- Daily Chronicle Fun Facts 6pm- Card Games 7pm- Evening TV Shows</p>	<p>9:30am- Morning Coffee Talks 10:30am- Mississippi Wordsearch 1pm- Oodles Memory Game 2pm- Liturgical Dance Performance in the Lounge 3pm- Junk Drawer Detective 4:30pm- Daily Chronicle Fun Facts 6pm- Jeopardy Trivia 7pm- Evening TV Shows</p>
<p>9:30am- Morning Chats and News 10:30am- Rosary & Communion 10:30am- Oodles Memory Game 1pm- Board Games 2pm- Resident's Choice 3:00pm- Spiritual Word Search 4pm- Animal word Puzzle 4:30pm- Daily Chronicle Fun Facts 6pm- Caption This – Holiday Edition 7pm- Evening TV Shows</p>	<p>9:30am- Seated Stretches 10am- What Am I? 10:30am- Door Decorating 3/400's 1pm- Jewelry Making 2pm- Holiday's Around the World 3:00pm- Nail Polishing 4pm- Extra! Trivia 4:30pm- Daily Chronicle Fun Facts 6pm- Trivia in the Lounge 7pm- Evening TV Shows</p>	<p>9:30am- Scarf Aerobics 10am- Page Word Puzzles 11:00am- Board Games 12pm-Lunch in from Das Bierhalle (\$) 1pm-Jewelry Making 2pm-Table Broom Hockey 3:00pm- Color Another Carol Fun Page 4:30pm- Daily Chronicle Fun Facts 6pm- Rocking with Danny Dolan 7pm- Evening TV Shows</p>	<p>9:30am- Chair Yoga 10:30am-Readers Theater 10:30am- Rosary & Communion 1pm- North Harford Worship Service 1:30pm- Bingo 3:00pm- CREATIVITY CLUB: PAPER ORNAMENT SYMMETRY PAINTING 4:30pm- Daily Chronicle Fun Facts 6pm- Jokes & Jams with Centre Methodist 7pm- Evening TV Shows</p>	<p>9:30am- Seated Dumbbell Exercise 10am- Word Builder Puzzle 10:30am- Door Decorating 500's 1:00pm- Jewelry Making 2pm- Crosswords 3pm- Who Am I? 4:00pm- Daily Chronicle Fun Facts 5:30pm- Holiday Lights Scenic Ride 6pm- Pokeno! 7pm- Evening TV Shows Wear Silver and Gold Day!</p>	<p>9:30am- Chair Dancercise 10:30am- Snowman Races Game in the Lounge 1:30pm- Bingo 3:30pm- Wacky Wordies 4:30pm- Daily Chronicle Fun Facts 6pm- Card Games 7pm- Evening TV Shows Wear Holiday Pajama's Day!</p>	<p>9:30am- Morning Coffee Talks 10:30am- Long Live Lego Word Search 11am- Categories! 1pm- Oodles Memory Game 2pm- Double Exposure Picture Game 3pm- Nature Documentary 4:30pm- Daily Chronicle Fun Facts 6pm- Wheel of Fortune 7pm- Evening TV Shows</p>
<p>9:30am- Morning Chats and News 10:30am- Rosary & Communion 10:30am- Oodles Memory Game 1pm- Board Games 2pm- Christmas Duets by Mr. Bob and Family 3pm- Nail Polishing 4pm- Matching Toy Trains Puzzle 4:30pm- Daily Chronicle Fun Facts 6pm- Yahtzee Tournament 7pm- Evening TV Shows Wear Green/Grinch Attire Day!</p>	<p>9:30am- Seated Stretches 10am- Toy Timeline Game 10:30am- Door Decorating 6/700's m- Resident's Choice 1pm- Jewelry Making 2pm- Dice Games 3:00pm- Nail Polishing 4pm- Crosswords 4:30pm- Daily Chronicle Fun Facts 5:00pm- Project Comfort Holiday Visit 7pm- Evening TV Shows</p>	<p>9:30am- Scarf Aerobics 10am- Board Games 11am- USA State Exploration 12pm-Lunch in - Fisherman's Catch (\$) 1pm- Travelogue – Montreux, Switzerland 2:00pm-Just Having Fun Singing Group 3pm- Twelve Trivia 4:30pm- Daily Chronicle Fun Facts 6pm- Chats and Hydration Station 7pm- Evening TV Shows</p>	<p>9:30am- Chair Yoga 10:30am-Reindeer Games in the Lounge 10:30am- Rosary & Communion 1pm- North Harford Worship Service 1:30pm- Bingo 3:00pm- Holiday Extravaganza in the Lounge!!! 5:30pm- Classics with Chris 7pm- Evening TV Shows Wear Holiday Attire and Accessories Day!</p>	<p>9:30am- Seated Dumbbell Exercise 10am- First Class Trivia! 10:30am- Spelling Cookies word Puzzle 1:00pm-- CREATIVITY CLUB: WINTER IN HUES OF BLUE PAINTING 3:00pm- Nail Polishing 4:00pm- Daily Chronicle Fun Facts 5:30pm- Holiday Lights Scenic Ride 6pm- Pokeno! 7pm- Evening TV Shows</p>	<p>9:30am- Chair Dancercise 10am- Famous December Birthdays Word Search 1:30pm- Bingo 3:30pm- Secret Mary Martin Quote 4:30pm- Daily Chronicle Fun Facts 6pm- J & J Entertainment 7pm- Evening TV Shows Wear An Ugly Sweater Day!</p>	<p>9:30am- Morning Coffee Talks 10:30am- Lovely Llamas Word Search 1pm- Oodles Memory Game 2pm- Dot to Dot Puzzle 3pm- Junk Drawer Detective 4:30pm- Daily Chronicle Fun Facts 6pm- Caroling with St. Mary's Catholic Church in the Lounge 7pm- Evening TV Shows</p> <p style="text-align: right;">Winter Begins</p>
<p>9:30am- Morning Chats and News 10:30am- Rosary & Communion 10:30am- Oodles Memory Game 1pm- Board Games 2pm- Jeopardy Trivia Part 2 3pm- Nail Polishing 4pm- December Color Along 4:30pm- Daily Chronicle Fun Facts 6pm- Dot to Dot Puzzle 7pm- Evening TV Shows</p>	<p>9:30am- Seated Stretches 10am- Holiday Specials of Yesteryears 1pm- Jewelry Making 2pm- Secret Toy Quote Puzzle 3:00pm- Word Mining 4pm- Card Games 4:30pm- Daily Chronicle Fun Facts 6pm- Music with Vic & December Birthday's Party 7pm- Evening TV Shows</p>	<p>9:30am- Scarf Aerobics 10am- Page Word Puzzles 11am- Board Games 1pm-Jewelry Making 2pm-Table Broom Hockey 3:00pm- Toy Scramble Word Puzzle 4:30pm- Daily Chronicle Fun Facts 6pm- Axe Throwing 7pm- Evening TV Shows</p>	<p>9:30am- Chair Yoga 10:30am- Readers Theater 10:30am- Rosary & Communion 1pm- North Harford Worship Service 1:30pm- Bingo 3:30pm- What Am I? 4:30pm- Daily Chronicle Fun Facts 6pm- Jokes & Jams with Centre Methodist 7pm- Evening TV Shows</p> <p style="text-align: center;">Christmas Hanukkah Begins</p>	<p>9:30am- Seated Dumbbell Exercise 10:00am- Hanukkah True or False Game 1:00pm- December IQ Quiz 1:30pm- Axe Throwing 2:30pm- Concentration Puzzles 3:00pm- What Am I? 4:30pm- Daily Chronicle Fun Facts 6pm- Pokeno! 7pm- Evening TV Shows Wear Red and White Day!</p> <p style="text-align: center;">Boxing Day (Canada) Kwanzaa Begins</p>	<p>9:30am- Chair Dancercise 10am- creativity club: kwanzaa/hanukkah QUILT SQUARE 11am- Silver Reader Delivery 1:30pm- Bingo 3:30pm- Hanukkah Poetry Hour 4:30pm- Daily Chronicle Fun Facts 6pm- Card Games 7pm- Evening TV Shows Wear Holiday Socks Day!</p>	<p>9:30am- Morning Coffee Talks 10:30am-Patch Word Puzzle 11am- Categories! 1pm- Oodles Memory Game 2pm- Judi Dench Wordsearch 3pm- Nature Documentary 4:30pm- Daily Chronicle Fun Facts 6pm- Wheel of Fortune 7pm- Evening TV Shows</p>
<p>9:30am- Morning Chats and News 10:30am- Rosary & Communion 10:30am- Oodles Memory Game 1pm- Calvary Baptist Hymnals and Sermon in the Lounge 2pm- Indiana Wordsearch 3pm- Nail Polishing 4pm- Board Games 4:30pm- Daily Chronicle Fun Facts 6pm- Yahtzee Tournament 7pm- Evening TV Shows</p>	<p>9:30am- Seated Stretches 10am- Who Am I? 11am- Resident's Choice 1pm- Jewelry Making 2pm- Holiday's Around the World 3:00pm- Nail Polishing 4pm- Categories! 4:30pm- Daily Chronicle Fun Facts 6pm- Karaoke in the Lounge 7pm- Evening TV Shows Wear Snowflakes Day!</p>	<p>9:30am- Scarf Aerobics 10:30am – New Years Eve Social 1pm-Jewelry Making 2pm-Table Broom Hockey 3:00pm- Celebrating Winter Wordsearch 4:30pm- Daily Chronicle Fun Facts 6pm- Chats and Hydration Station 7pm- Evening TV Shows</p> <p style="text-align: center;">New Year's Eve</p>	<h1>December 2024</h1> <p>Forest Hill Heights Assisted Living</p>			

The Activity Schedule is subject to change. Please see Daily Bulletin or White Board for changes. Contact our Recreation Staff with any questions. Forest Hill Heights LLC, 410-893-3070