

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2024

Forest Hill Heights Assisted Living

<p>9:30am- Morning Chats and News 10:30am- Rosary & Communion 10:30am- Oodles Memory Game 1pm- Board Games 2pm- Name That Rock Tune Game 3pm- Nail Polishing 4pm- Goldie Hawn Discussion 4:30pm- Daily Chronicle Fun Facts 6pm- Yahtzee Tournament 7pm- Evening TV Shows</p> <p style="text-align: right;">3</p> <p style="text-align: right;">Daylight Saving Time Ends</p>	<p>9:30am- Seated Stretches 10:30am- Pet Grooming Math Puzzle 10:30am- Walking Club – Indoor Laps 1pm- Hollywood Star of the Month – Burgess Meredith 1pm- Afternoon Movie in the Lounge 2pm- Laughs and Tunes with Linda and Charlie 3:00pm- Nail Polishing 4pm- Dice Games! 4:30pm- Daily Chronicle Fun Facts 6pm- Chrysanthemums Conversation 7pm- Evening TV Shows</p> <p style="text-align: right;">4</p> <p style="text-align: right;">Wear Fall Colors Day!</p>	<p>9:30am- Scarf Aerobics 10am- Searching for November Word Search 11am- Modern Jeopardy Trivia 12pm- Lunch in from Miller's Ale House (\$) 1pm- Rocka and Roll Word Mining 2pm- Rev. Weih Baptist Service 2:00pm- Jewelry Making 3pm- Sudoku Puzzle! 4:30pm- Daily Chronicle Fun Facts 6pm- Music with Tom Cooke 7pm- Evening TV Shows</p> <p style="text-align: right;">5</p>	<p>9:30am- Chair Yoga 10:30am- Resident's Meeting 10:30am- Rosary & Communion 1pm- North Harford Worship Service 1:30pm- Bingo 3:00pm- Nail Polishing 4:30pm- Daily Chronicle Fun Facts 6pm- Axe Throwing 7pm- Evening TV Shows</p> <p style="text-align: right;">6</p>	<p>9:30am- Seated Dumbbell Exercise 10:30am- Crosswords 1:00pm- Nail Polishing 2pm- Full Mass Service with St. Ignatius 3:00pm- Rock and Roll Trivia 4:30pm- Daily Chronicle Fun Facts 6pm- Pokeno! 7pm- Evening TV Shows</p> <p style="text-align: right;">7</p>	<p>9:30am- Chair Dancercise 10:30am- Domino Cover Up Game 1:30pm- Bingo 3:30pm- Wacky Wordies 4:30pm- Daily Chronicle Fun Facts 6pm- Card Games 7pm- Evening TV Shows Wear A Flannel Shirt Day!</p> <p style="text-align: right;">8</p> <p style="text-align: center;">Diwali (Hindu)</p>	<p>9:30am- Morning Coffee Talks 10:30am- American Bandstand Word Search 11am- Categories! 1pm- Oodles Memory Game 2pm- Mixed-Up Mountains and Hiking Puzzle 3pm- Nature Documentary 4:30pm- Daily Chronicle Fun Facts 6pm- Wheel of Fortune 7pm- Evening TV Shows Wear Teal Day!</p> <p style="text-align: right;">9</p>
<p>9:30am- Morning Chats and News 10:30am- Rosary & Communion 10:30am- Oodles Memory Game 1pm- Board Games 2pm- Resident's Choice 3:00pm- South Dakota Word Search 4pm- Cleveland, Ohio Matching Puzzle 4:30pm- Daily Chronicle Fun Facts 6pm- Ted Williams Discussion and Documentary 7pm- Evening TV Shows</p> <p style="text-align: right;">10</p>	<p>9:30am- Seated Stretches 10am- Write a Letter to a Soldier 11am- Resident's Choice 1pm- Jewelry Making 2pm- Veteran's Day Memorial Service with Ben 3:00pm- Nail Polishing 4pm- Dice Games! 4:30pm- Daily Chronicle Fun Facts 6pm- Atlanta Braves Word Search 7pm- Evening TV Shows</p> <p style="text-align: right;">11</p> <p style="text-align: right;">Wear Patriotic Colors Day! Veterans Day Remembrance Day (Canada)</p>	<p>9:30am- Scarf Aerobics 10am- Board Games 11am- Can't Complain Trivia 11:30am- Page Word Puzzles 12pm- Lunch in from MaGerk's (\$) 1pm- Jewelry Making 2pm- Table Broom Hockey 2pm- SCENIC BUS RIDE 3:00pm- Hidden in Plain Sight Game 4:30pm- Daily Chronicle Fun Facts 6pm- Yesterday Once More with Ken King 7pm- Evening TV Shows</p> <p style="text-align: right;">12</p>	<p>9:30am- Chair Yoga 10:30am- Readers Theater 10:30am- Rosary & Communion 1pm- North Harford Worship Service 1:30pm- Bingo 3:00pm- CREATIVITY CLUB: FELT MUMS 4:30pm- Daily Chronicle Fun Facts 6pm- Jokes & Jams with Centre Methodist 7pm- Evening TV Shows</p> <p style="text-align: right;">13</p>	<p>9:30am- Seated Dumbbell Exercise 10am- Fast Food Scrabble 1:00pm- Jewelry Making 2pm- Crosswords 3pm- Who Am I? 4:00pm- Daily Chronicle Fun Facts 6pm- Pokeno! 7pm- Evening TV Shows</p> <p style="text-align: right;">14</p>	<p>9:30am- Chair Dancercise 10am- Famous November Birthdays Word Search 1:30pm- Bingo 3:30pm- Nail Polishing 4:30pm- Daily Chronicle Fun Facts 6pm- J & J Entertainment 7pm- Evening TV Shows</p> <p style="text-align: right;">15</p>	<p>9:30am- Morning Coffee Talks 10:30am- Let It Ride Puzzle 1pm- Oodles Memory Game 2pm- Dot to Dot Puzzle 3pm- Junk Drawer Detective 4:30pm- Daily Chronicle Fun Facts 6pm- Finish the Song Title 7pm- Evening TV Shows</p> <p style="text-align: right;">16</p>
<p>9:30am- Morning Chats and News 10:30am- Rosary & Communion 10:30am- Oodles Memory Game 1pm- Board Games 2pm- Secret Charles Bronson Quote 3pm- Nail Polishing 4pm- Matching Record Player Puzzle 4:30pm- Daily Chronicle Fun Facts 6pm- Yahtzee Tournament 7pm- Evening TV Shows</p> <p style="text-align: right;">17</p>	<p>9:30am- Seated Stretches 10am- Rock Song Charades with the Managers in the Lounge! 11am- Resident's Choice 1pm- Jewelry Making 2pm- SHOPPING TRIP – (\$) Harford Mall 3:00pm- Nail Polishing 4pm- Crosswords 4:30pm- Daily Chronicle Fun Facts 6pm- Karaoke in the Lounge 7pm- Evening TV Shows</p> <p style="text-align: right;">18</p>	<p>9:30am- Scarf Aerobics 10am- Board Games 11am- USA State Exploration 12pm- Lunch in from Subway (\$) 1pm- Travelogue – Cleveland, Ohio 2:00pm- Just Having Fun Singing Group 3pm- Eleven Trivia 4:30pm- Daily Chronicle Fun Facts 6pm- Axe Throwing 7pm- Evening TV Shows</p> <p style="text-align: right;">19</p>	<p>9:30am- Chair Yoga 10:30am- Crosswords 10:30am- Rosary & Communion 1pm- North Harford Worship Service 1:30pm- Bingo 3:00pm- Nail Polishing 4:30pm- Daily Chronicle Fun Facts 4:30pm- Family Photo and Karaoke Fun Night! Dress Your Best Day!</p> <p style="text-align: right;">20</p>	<p>9:30am- Seated Dumbbell Exercise 10am- Who Are We? 10:30am- Rock Songs Word Puzzle 1:00pm- CREATIVITY CLUB: SEASONAL DOOR TAGS 2:00pm- Ladies Tea & Men's Social 3:00pm- Nail Polishing 4:00pm- Daily Chronicle Fun Facts 6pm- Pokeno! 7pm- Evening TV Shows</p> <p style="text-align: right;">21</p>	<p>9:30am- Chair Dancercise 10am- Hot Rocks and Dice Rolls 1:30pm- Bingo 3:30pm- Nail Polishing 4:30pm- Daily Chronicle Fun Facts 6pm- 7pm- Evening TV Shows Wear Red and/or Orange Day!</p> <p style="text-align: right;">22</p>	<p>9:30am- Morning Coffee Talks 10:30am- Patch Work Puzzle 11am- Categories! 1pm- Oodles Memory Game 2pm- Super Sandwich Puzzle 3pm- Nature Documentary 4:30pm- Daily Chronicle Fun Facts 6pm- Wheel of Fortune 7pm- Evening TV Shows</p> <p style="text-align: right;">23</p>
<p>9:30am- Morning Chats and News 10:30am- Rosary & Communion 10:30am- Oodles Memory Game 1pm- Board Games 2pm- Jeopardy Trivia Part 2 3pm- Nail Polishing 4pm- Fall Color Along 4:30pm- Daily Chronicle Fun Facts 6pm- DB Cooper Documentary 7pm- Evening TV Shows</p> <p style="text-align: right;">24</p>	<p>9:30am- Seated Stretches 10am- The Soundtrack of Cinema 1pm- Jewelry Making 2pm- Secret Jewelry Quote Puzzle 3:00pm- Word Mining 4pm- Card Games 4:30pm- Daily Chronicle Fun Facts 6pm- Music with Vic & November Birthday's Party 7pm- Evening TV Shows</p> <p style="text-align: right;">25</p>	<p>9:30am- Scarf Aerobics 10am- Board Games 11am- Can't Complain Trivia 11:30am- Page Word Puzzles 1pm- Jewelry Making 2pm- Table Broom Hockey 3:00pm- Deviled Eggs Word Search 4:30pm- Daily Chronicle Fun Facts 6pm- Chats and Hydration Station 7pm- Evening TV Shows</p> <p style="text-align: right;">26</p> <p style="text-align: right;">Wear An Inspirational Shirt Day!</p>	<p>9:30am- Chair Yoga 10:30am- Readers Theater 10:30am- Rosary & Communion 1pm- North Harford Worship Service 1:30pm- Bingo 3:30pm- Word Searches 4:30pm- Daily Chronicle Fun Facts 6pm- Jokes & Jams with Centre Methodist 7pm- Evening TV Shows</p> <p style="text-align: right;">27</p>	<p>9:30am- Seated Dumbbell Exercise 10:00am- Turkey Day Trivia in the Lounge 1:00pm- November IQ Quiz 1:30pm- Classics with Chris 2:30pm- Concentration Puzzles 3:00pm- What Am I? 4:30pm- Daily Chronicle Fun Facts 6pm- Pokeno! 7pm- Evening TV Shows</p> <p style="text-align: right;">28</p> <p style="text-align: center;">Thanksgiving Day</p>	<p>9:30am- Chair Dancercise 10am- The Soundtrack of Cinema Word Search 11am- Silver Reader Delivery 1:30pm- Bingo 3:30pm- Nail Polishing 4:30pm- Daily Chronicle Fun Facts 6pm- Card Games 7pm- Evening TV Shows</p> <p style="text-align: right;">29</p>	<p>9:30am- Morning Coffee Talks 10:30am- Hidden Colors Puzzle 11am- Mountain Hike Matchup 1pm- Oodles Memory Game 2pm- Holiday Sales Crossword 3pm- Nature Documentary 4:30pm- Daily Chronicle Fun Facts 6pm- Wheel of Fortune 7pm- Evening TV Shows</p> <p style="text-align: right;">30</p>

The Activity Schedule is subject to change. Please see Daily Bulletin or White Board for changes. Contact our Recreation Staff with any questions. Forest Hill Heights LLC, 410-893-3070