

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2024

Forest Hill Heights Assisted Living

<p>9:30am- Morning Chats and News 10:30am- Rosary & Communion 10:30am- Oodles Memory Game 1pm- Board Games 2pm- CREATIVITY CLUB: CINCO DE MAYO CUP HOLDER 3pm- Nail Polishing 4pm- Animal Documentary 4:30pm- Daily Chronicle Fun Facts 6pm- Yahtzee Tournament 7pm- Evening TV Shows</p> <p style="text-align: right;">5</p>	<p>9:30am- Seated Stretches 10am- Sort Up! Picture Game 10:30am- Walking Club 1pm- In the Kitchen Word Search 2:00pm- Kentucky Derby Documentary in the Lounge / Rita's Outdoor Social 3:00pm- Horse Race Game in the Lounge 4:30pm- Daily Chronicle Fun Facts 6pm- Movie Night 7pm- Evening TV Shows</p> <p style="text-align: right;">6</p>	<p>9:30am- Scarf Aerobics 10am- Correct Spelling Word Puzzle 11am- Modern Jeopardy Trivia 12pm- Lunch in from Das Bierhalle (\$) 1pm- Peter the Great Matching Puzzle 2pm- Rev. Weih – Baptist Service 3pm- Sudoku Puzzle! 4:30pm- Daily Chronicle Fun Facts 6pm- Music with Tom Cooke 7pm- Evening TV Shows</p> <p style="text-align: right;">7</p>	<p>9:30am- Chair Yoga 10:30am- CREATIVITY CLUB: DERBY CAP 10:30am- Rosary & Communion 1pm- North Harford Worship Service 1:30pm- Bingo 3:15pm- Word Searches 4:30pm- Daily Chronicle Fun Facts 6pm- Can You C-It? Game 7pm- Evening TV Shows</p> <p style="text-align: center;">May Day</p> <p style="text-align: right;">1</p>	<p>9:30am- Seated Dumbbell Exercise 10:30am- Resident's Meeting 10:30am- Resident's Choice 1:00pm- Nail Polishing 2pm- Full Mass Service with St. Ignatius 3:00pm- Spelling Bee! 4:30pm- Daily Chronicle Fun Facts 6pm- Double Letter Pairs Word Puzzle 7pm- Evening TV Shows WEAR YELLOW DAY!</p> <p style="text-align: right;">2</p>	<p>9:30am- Chair dancercise 10am- Celebrate Joe DiMaggio-Baseball in the Lounge! 11:00am- Baseball Trivia in the Lounge 1:30pm- Bingo 3:30pm- Harp Concert with Laura 4:30pm- Daily Chronicle Fun Facts 6pm- Card Games 7pm- Evening TV Shows WEAR a BASEBALL SHIRT/JERSEY DAY!</p> <p style="text-align: right;">3</p>	<p>9:30am- Morning Coffee Talks 10:30am- Horse Racing Secret Quote Puzzle 11am- BBQ & Backyard Trivia 1pm- Oodles Memory Game 2pm- May Birthdays Word Search 3pm- Nature Documentary 4:30pm- Daily Chronicle Fun Facts 6pm- Wheel of Fortune 7pm- Evening TV Shows</p> <p style="text-align: right;">4</p>
<p>9:30am- Morning Chats and News 10:30am- Rosary & Communion 10:30am- Oodles Memory Game 1pm- Board Games 2pm- CREATIVITY CLUB: CINCO DE MAYO CUP HOLDER 3pm- Nail Polishing 4pm- Animal Documentary 4:30pm- Daily Chronicle Fun Facts 6pm- Yahtzee Tournament 7pm- Evening TV Shows</p> <p style="text-align: center;">Cinco de Mayo</p> <p style="text-align: right;">5</p>	<p>9:30am- Seated Stretches 10am- Sort Up! Picture Game 10:30am- Walking Club 1pm- In the Kitchen Word Search 2:00pm- Kentucky Derby Documentary in the Lounge / Rita's Outdoor Social 3:00pm- Horse Race Game in the Lounge 4:30pm- Daily Chronicle Fun Facts 6pm- Movie Night 7pm- Evening TV Shows</p> <p style="text-align: right;">6</p>	<p>9:30am- Scarf Aerobics 10am- Correct Spelling Word Puzzle 11am- Modern Jeopardy Trivia 12pm- Lunch in from Das Bierhalle (\$) 1pm- Peter the Great Matching Puzzle 2pm- Rev. Weih – Baptist Service 3pm- Sudoku Puzzle! 4:30pm- Daily Chronicle Fun Facts 6pm- Music with Tom Cooke 7pm- Evening TV Shows</p> <p style="text-align: right;">7</p>	<p>9:30am- Chair Yoga 10:30am- Coca-Cola Tasting Social 10:30am- Rosary & Communion 1pm- North Harford Worship Service 1:30pm- Bingo 2pm- Shopping Trip - Walmart (\$) 3:00pm- Nail Polishing 4:30pm- Daily Chronicle Fun Facts 6pm- Jokes & Jams with Centre Methodist 7pm- Evening TV Shows</p> <p style="text-align: right;">8</p>	<p>9:30am- Seated Dumbbell Exercise 10am- Acronym Game 1:00pm- CREATIVITY CLUB: INK STAMPED NATURE PRINTS 3:00pm- Resident's Choice 4:00pm- Daily Chronicle Fun Facts 6pm- Frank James Jams 7pm- Evening TV Shows</p> <p style="text-align: right;">9</p>	<p>9:30am- Chair dancercise 10am- Playing Outdoor Games Puzzle 10:30am- 7 Oaks Chorus Performance 1:30pm- Bingo 3:30pm- Wacky Wordies 4:30pm- Daily Chronicle Fun Facts 6pm- Card Games 7pm- Evening TV Shows WEAR BLUE DAY!</p> <p style="text-align: right;">10</p>	<p>9:30am- Morning Coffee Talks 10:30am- Drive-In Movies Word Puzzle 11am- A-Mazing Rhinos Maze Puzzle 1pm- Oodles Memory Game 2pm- Nail Polishing 3pm- Nature Documentary 4:30pm- Daily Chronicle Fun Facts 6pm- Patio Chats 7pm- Evening TV Shows</p> <p style="text-align: right;">11</p>
<p>9:30am- Morning Chats and News 10:30am- Rosary & Communion 10:30am- Oodles Memory Game 1pm- Board Games 2pm- Sip and Color with Mom 4pm- Animal Documentary 4:30pm- Daily Chronicle Fun Facts 6pm- Spelling Bee! 7pm- Evening TV Shows</p> <p style="text-align: center;">Mother's Day National Skilled Nursing Care Week</p> <p style="text-align: right;">12</p>	<p>9:30am- Seated Stretches 10am- Matching Hiking Gear Puzzle 10:30am- Walking Club 11am- Nail Polishing 1pm- The Great Outdoorsman Documentary and Discussion 2:00pm- Jewelry Making 3:00pm- Gardening Club 4pm- Categories! 4:30pm- Daily Chronicle Fun Facts 6pm- Movie Night</p> <p style="text-align: right;">13</p>	<p>9:30am- Scarf Aerobics 10am- Board Games 11am- Can't Complain Trivia 11:30am- Page Word Puzzles 12pm- Lunch in from Fisherman's Catch (\$) 1pm- Jewelry Making 2pm- SCENIC BUS RIDE 3:00pm- Cop & Detective Shows Word Search 4:30pm- Daily Chronicle Fun Facts 6pm- Yesterday Once More With Ken King 7pm- Evening TV Shows</p> <p style="text-align: right;">14</p>	<p>9:30am- Chair Yoga 10:30am- Dice Games 10:30am- Rosary & Communion 1pm- North Harford Worship Service 1:30pm- Bingo 3:15pm- Double Exposure Picture Puzzle 4:30pm- Daily Chronicle Fun Facts 6pm- Katharine Hepburn Word Search 7pm- Evening TV Shows</p> <p style="text-align: right;">15</p>	<p>9:30am- Seated Dumbbell Exercise 10am- What Am I? 10:30am- Jewelry Making 1:00pm- Residents Choice 2pm- Ladies Tea & Men's Social 4:00pm- Daily Chronicle Fun Facts 6pm- Pokeno! 7pm- Evening TV Shows</p> <p style="text-align: right;">16</p>	<p>9:30am- Chair Dancersize 10:00am- Bingo 1:30pm- Beauty Shop for Prom 6pm- J & J Entertainment and Boogie Disco Prom DRESS LIKE THE 70'S / WEAR PROM ATTIRE DAY!</p> <p style="text-align: right;">17</p>	<p>9:30am- Morning Coffee Talks 10:30am- Buzzwords 11am- Qwirkle 1pm- Oodles Memory Game 2pm- Crosswords 3pm- Nature Documentary 4:30pm- Daily Chronicle Fun Facts 6pm- Wheel of Fortune 7pm- Evening TV Shows</p> <p style="text-align: center;">Armed Forces Day</p> <p style="text-align: right;">18</p>
<p>9:30am- Morning Chats and News 10:30am- Rosary & Communion 10:30am- Oodles Memory Game 1pm- Card Games 2pm- Resident's Choice 3pm- Bocce 3:30pm- Connect Four 4pm- Animal Documentary 4:30pm- Daily Chronicle Fun Facts 6pm- Spelling Bee! 7pm- Evening TV Shows</p> <p style="text-align: right;">19</p>	<p>9:30am- Seated Stretches 10am- Frisbee Tic-Tac-Oh No! 10:30am- Walking Club 11am- Resident's Choice 1pm- Hollywood Star of the Month – Katharine Hepburn 2:00pm- Jewelry Making 3:00pm- Nail Polishing 4pm- Categories! 4:30pm- Daily Chronicle Fun Facts 6pm- Movie Night</p> <p style="text-align: center;">Victoria Day (Canada)</p> <p style="text-align: right;">20</p>	<p>9:30am- Seated Dumbbell Exercise 10am- The Joker Card Game 11am- Balloon Keep it Up! 11:30am- Page Word Puzzles 12pm- Lunch in from Mr. Souvlaki's (\$) 1:00pm- Jewelry Making 1pm- SCENIC BUS RIDE 2:00pm- Just Having Fun Singing Group 3:00pm- Spelling Bee! 4:30pm- Daily Chronicle Fun Facts 6pm- Jeopardy Trivia 7pm- Evening TV Shows HAPPY SENIOR CITIZENS DAY!</p> <p style="text-align: right;">21</p>	<p>9:30am- Chair Yoga 10:30am- Crosswords 10:30am- Rosary & Communion 1pm- North Harford Worship Service 1:30pm- Harford Realtors Spingo-Bingo in the Lounge 3:30pm- Word Searches 4:30pm- Daily Chronicle Fun Facts 6pm- Jokes & Jams with Centre Methodist 7pm- Evening TV Shows</p> <p style="text-align: right;">22</p>	<p>9:30am- Seated Dumbbell Exercise 10am- What Am I? 10:30am- Miscellaneous Trivia 1:00pm- May IQ Quiz 1:30pm- Classics with Chris 2:30pm- Concentration Puzzles 3:00pm- Nail Polishing 4:30pm- Daily Chronicle Fun Facts 6pm- Word Mining 7pm- Evening TV Shows</p> <p style="text-align: right;">23</p>	<p>9:30am- Chair Dancercise 10am- Unscramble Word Puzzle 11:00- Silver Reader Delivery Day 11:30am – Good News Friday 1:30pm- Bingo 3:30pm- Junk Drawer Detective 4:30pm- Daily Chronicle Fun Facts 6pm- Card Games 7pm- Evening TV Shows</p> <p style="text-align: right;">24</p>	<p>9:30am- Morning Coffee Talks 10:30am- Outdoor Barbecue Word Mining 11am- Categories 1pm- Oodles Memory Game 2pm- Crosswords 3pm- Nature Documentary 4:30pm- Daily Chronicle Fun Facts 6pm- Patio Chats 7pm- Evening TV Shows WEAR PURPLE DAY!</p> <p style="text-align: right;">25</p>
<p>9:30am- Morning Chats and News 10:30am- Rosary & Communion 10:30am- Oodles Memory Game 1pm- Board Games 2pm- Resident's Choice 3:00pm- Color A Cactus Bookmark 4pm- Animal Documentary 4:30pm- Daily Chronicle Fun Facts 6pm- Jumbled Word Puzzle 7pm- Evening TV Shows</p> <p style="text-align: right;">26</p>	<p>9:30am- Seated Stretches 10am- CREATIVITY CLUB: PATRIOTIC PAINT SPLATTER ART 1pm- Verb Generation Game 2:00pm- Jewelry Making 3:00pm- American Wetlands Crossword 4pm- Card Games 4:30pm- Daily Chronicle Fun Facts 6pm- Music with Vic & May Birthday's Party 7pm- Evening TV Shows WEAR RED, WHITE, AND BLUE DAY!</p> <p style="text-align: center;">Memorial Day</p> <p style="text-align: right;">27</p>	<p>9:30am- Scarf Aerobics 10am- Board Games 11am- USA State Exploration 1pm- Travelogue - Pacific Northwest 2pm- Resident's Choice 2pm- Shopping Trip – Goodwill (\$) 3pm- "Five" Trivia 4:30pm- Daily Chronicle Fun Facts 6pm- Target Practice 7pm- Evening TV Shows</p> <p style="text-align: right;">28</p>	<p>9:30am- Chair Yoga 10:30am- Crosswords 10:30am- Rosary & Communion 1pm- North Harford Worship Service 1:30pm- Bingo 3:15pm- Word Searches 4:30pm- Daily Chronicle Fun Facts 6pm- A-Mazing Bouquet Maze Puzzle 7pm- Evening TV Shows</p> <p style="text-align: right;">29</p>	<p>9:30am- Seated Dumbbell Exercise 10am- Who Am I? 10:30am- Jewelry Making 1:00pm- Double Trouble Word Puzzle 2pm- Resident's Choice/Nail Polishing 2:30pm- Goat Yoga in the Courtyard!!! 4:00pm- Daily Chronicle Fun Facts 6pm- Pokeno! 7pm- Evening TV Shows</p> <p style="text-align: right;">30</p>	<p>9:30am- Chair dancercise 10am- Searching for May Word Search 11:30am – Good News Friday 1:30pm- Bingo 3:30pm- Junk Drawer Detective 4:30pm- Daily Chronicle Fun Facts 6pm- Card Games 7pm- Evening TV Shows</p> <p style="text-align: right;">31</p>	<p style="text-align: center; font-size: 2em;">Have a beautiful month!</p>

The Activity Schedule is subject to change. Please see Daily Bulletin or White Board for changes. Contact our Recreation Staff with any questions. Forest Hill Heights LLC, 410-893-3070