

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2023

Forest Hill Heights Assisted Living

<p>9:30am- Teatime & Coffee Chats 10am- Fly Swat 10:30am- Rosary & Communion 10:30am- Oodles Memory Game 1pm- Board Games / Raven's Football Game 2pm- Resident's Choice 3:30pm- Connect Four 4pm- Animal Documentary 4:30pm- Daily Chronicle Fun Facts 6pm- Axe Throwing Contest 7pm- Evening TV Shows</p> <p style="text-align: right;">5</p>	<p>9:30am- Seated Stretches 10am- Famous November Birthdays Puzzle 11am- Who Am I? 1pm- Historical Figures 2:00pm- Jewelry Making 3:30pm- Bowling 4pm- Categories! 4:30pm- Daily Chronicle Fun Facts 6pm- Movie Night 7pm- Evening TV Shows</p> <p style="text-align: right;">6</p>	<p>9:30am- Scarf Aerobics 10am- Would You Rather Game 11am- Family Feud 11:30am- Page Word Puzzles 1pm- State Visits 2pm- November IQ Quiz / Rev. Weih – Baptist Service 3pm- North Dakota Word Search 4:30pm- Daily Chronicle Fun Facts 6pm- Music with Tom Cooke 7pm- Evening TV Shows</p> <p style="text-align: right;">7</p>	<p>9:30am- Chair Yoga 10am- Spelling Scented Candle Crossword 10:30am- Rosary & Communion 11am- Walking Club 1pm- North Harford Worship Service 1:30pm- Bingo 3:15pm- Word Searches 4:30pm- Daily Chronicle Fun Facts 6pm- Jokes & Jams with Centre Methodist 7pm- Evening TV Shows</p> <p style="text-align: right;">8</p>	<p>9:30am- Seated Dumbbell Exercise 10am- What am I? 10:30am- Resident's Meeting in the LOUNGE 11am- Balloons and Noodles 1:00pm- Table Broom Hockey 2pm- Spelling Bee! 3pm- Resident's Choice 4:30pm- Daily Chronicle Fun Facts 6pm- Matching Picture Puzzles 7pm- Evening TV Shows</p> <p style="text-align: right;">9</p>	<p>9:30am- Chair Dancersize 10am- Good News Friday 10:30: Bingo 1:00pm- Giant Dice Games 2:00pm-Veteran's Day Celebration with Ben 3pm- Military Battles That Changed History 4:30pm- Daily Chronicle Fun Facts 6pm- Card Games 7pm- Evening TV Shows Wear Red, White, and Blue Day!</p> <p style="text-align: right;">10</p>	<p>9:30am- Morning Coffee Talks 10am- Corn Hole 10:30am- Amazing Ballet Maze Puzzle 11am- Categories Word Game 1pm- Oodles Memory Game 2pm- Card Games 2:30pm- Discussion Ball 3pm- Nature Documentary 4:30pm- Daily Chronicle Fun Facts 6pm- Evening Jeopardy 7pm- Evening TV Shows</p> <p style="text-align: right;">4</p>
<p>9:30am- Teatime & Coffee Chats 10am- Balloon Keep it Up 10:30am- Rosary & Communion 10:30am- Oodles Memory Game 1pm- Board Games / Raven's Football Game 2pm- Resident's Choice 3pm- Table Broom Hockey 3:30pm- Target Practice 4pm- Animal Documentary 4:30pm- Daily Chronicle Fun Facts 6pm- Yahtzee Tournament 7pm- Evening TV Shows</p> <p style="text-align: right;">12</p> <p style="text-align: center;">Diwali (Hindi)</p>	<p>9:30am- Seated Stretches 10am- Secret Quote Puzzle 11am- Word Mining 1pm- Historical Figures 2:00pm- Jewelry Making 3:30pm- Bowling 4pm- U.S. Census Discussion 4:30pm- Daily Chronicle Fun Facts 6pm- Movie Night 7pm- Evening TV Shows</p> <p style="text-align: right;">13</p>	<p>9:30am- Scarf Aerobics 10am- Board Games 11am- Can't Complain Trivia 11:30am- Page Word Puzzles 1pm- Jewelry Making 2pm- Resident's Choice 3pm- Ladies Tea and Men's Social 4:30pm- Daily Chronicle Fun Facts 6pm- Yesterday Once More with Ken King 7pm- Evening TV Shows Wear Your Favorite Hat Day!</p> <p style="text-align: right;">14</p>	<p>9:30am- Chair Yoga 10am- Creative Coloring Corner 10:30am- Crosswords 10:30am- Rosary & Communion 11am- Walking Club 1pm- North Harford Worship Service 1:30pm- Bingo 3:15pm- A Puzzling Puzzle 4:30pm- Daily Chronicle Fun Facts 6pm- Word Grid Puzzle 7pm- Evening TV Shows</p> <p style="text-align: right;">15</p>	<p>9:30am- Seated Dumbbell Exercise 10am- What am I? 10:30am- Funny Photo Captions 1:00pm- Table Broom Hockey 1:30pm- Beauty Shop for Photos 4:30pm- Daily Chronicle Fun Facts 6pm- Family Gathering Photo Op 7pm- Evening TV Shows</p> <p style="text-align: right;">16</p>	<p>9:30am- Chair Dancersize 10am- Categories! 10:30am- Puzzles and Games Trivia! 11:30am- Good News Friday 1:30pm- Bingo 3pm- Polishing Nails 4:30pm- Daily Chronicle Fun Facts 6pm- J & J Entertainment and Fall Social 7pm- Evening TV Shows</p> <p style="text-align: right;">17</p>	<p>9:30am- Morning Coffee Talks 10am- Velcro Catch 10:30am- Racko 11am- U.S. Census Word Search 1pm- Oodles Memory Game 2pm- Boggle 2:30pm- A-Mazing Fondue Maze Puzzle 3pm- Nature Documentary 4:30pm- Daily Chronicle Fun Facts 6pm- Wheel of Fortune 7pm- Evening TV Shows</p> <p style="text-align: right;">18</p> <p style="text-align: center;">Remembrance Day (Canada)</p>
<p>9:30am- Teatime & Coffee Chats 10am- Fly Swat 10:30am- Rosary & Communion 10:30am- Oodles Memory Game 1pm- Board Games 2pm- Resident's Choice 3pm- Velcro Catch 3:30pm- Bowling 4pm- Animal Documentary 4:30pm- Daily Chronicle Fun Facts 6pm- Searching for November Wordsearch 7pm- Evening TV Shows</p> <p style="text-align: right;">19</p>	<p>9:30am- Seated Stretches 10am- Crosswords 11am- Word Mining 1pm- Historical Figures 2:00pm- Jewelry Making 3:30pm- Bowling 4pm- Macy's Parade Word Puzzle 4:30pm- Daily Chronicle Fun Facts 6pm- Movie Night 7pm- Evening TV Shows</p> <p style="text-align: right;">20</p>	<p>9:30am- Scarf Aerobics 10am- Gobble, Gossip, Grateful Social 11am- Travelogue : Israel 11:30am- Page Word Puzzles 12pm- Lunch in from Double T Diner (\$) 1pm- State Visits 2pm- Just Having Fun Singing Group! 3pm- Polishing Nails 4:30pm- Daily Chronicle Fun Facts 6pm- Mindful Coloring and Free Draw 7pm- Evening TV Shows</p> <p style="text-align: right;">21</p>	<p>9:30am- Chair Yoga 10am- Creative Coloring Corner 10:30am- Crosswords 10:30am- Rosary & Communion 11am- Walking Club 1pm- North Harford Worship Service 1pm- WELCOME BACK Scenic Bus Ride 1:30pm- Bingo 3:15pm- Word Searches 4:30pm- Daily Chronicle Fun Facts 6pm- Jokes & Jams with Centre Methodist 7pm- Evening TV Shows Wear Your Favorite Scarf Day!</p> <p style="text-align: right;">22</p>	<p>9:30am- Seated Dumbbell Exercise 10am- Who am I? 10:30am- Resident's Choice 1:00pm- Table Broom Hockey 1:30pm- Classics with Chris 2:30pm- Message of Gratitude Art 3:30pm- Spelling Bee! 4:30pm- Daily Chronicle Fun Facts 6pm- Puzzle Race Game 7pm- Evening TV Shows</p> <p style="text-align: right;">23</p> <p style="text-align: center;">Thanksgiving Day (US)</p>	<p>9:30am- Chair Dancersize 10am- Creativity Club – Sticky Fall Wreath 11am- Walking Club 1:30pm- Bingo 3pm- Polishing Nails 4:30pm- Daily Chronicle Fun Facts 6pm- Crad Games 7pm- Evening TV Shows</p> <p style="text-align: right;">24</p>	<p>9:30am- Morning Coffee Talks 10am- Basketball Shoots 10:30am- Buzzwords 11am- Qwirkle 1pm- Oodles Memory Game 2pm- 5 Second Rule 2:30pm- Croquet 3pm- Nature Documentary 4:30pm- Daily Chronicle Fun Facts 6pm- Wheel of Fortune 7pm- Evening TV Shows</p> <p style="text-align: right;">25</p>
<p>9:30am- Teatime & Coffee Chats 10am- Balloon Keep it Up 10:30am- Rosary & Communion 10:30am- Oodles Memory Game 1pm- Card Games 2pm- Resident's Choice 3pm- Bocce 3:30pm- Connect Four 4pm- Animal Documentary 4:30pm- Daily Chronicle Fun Facts 6pm- Spelling Bee! 7pm- Evening TV Shows</p> <p style="text-align: right;">26</p>	<p>9:30am- Seated Stretches 10am- TV Game Shows Crossword 11am- Word Mining 1pm- Historical Figures 1pm- Bus Outing To The Dollar Tree (\$) 2:00pm- Jewelry Making 3:30pm- Bowling 4pm- Card Games 4:30pm- Daily Chronicle Fun Facts 6pm- Music with Vic & November Birthday's Party 7pm- Evening TV Shows Wear Fall Colors Day!</p> <p style="text-align: right;">27</p>	<p>9:30am- Scarf Aerobics 10am- Board Games 11am- Trivia! 11:30am- Page Word Puzzles 12pm- Lunch in -Fisherman's Catch (\$) 1pm- State Visits 2pm- Resident's Choice 3pm- Polishing Nails 4:30pm- Daily Chronicle Fun Facts 6pm- Mindful Coloring and Free Draw 7pm- Evening TV Shows</p> <p style="text-align: right;">28</p>	<p>9:30am- Chair Yoga 10am- Creative Coloring Corner 10:30am- Crosswords 10:30am- Rosary & Communion 11am- Walking Club 1pm- North Harford Worship Service 1:30pm- Bingo 3:15pm- Word Searches 4:30pm- Daily Chronicle Fun Facts 6pm- Stickman 7pm- Evening TV Shows</p> <p style="text-align: right;">29</p>	<p>9:30am- Seated Dumbbell Exercise 10am- Where am I? 10:30am- Resident's Choice 1:00pm- Table Broom Hockey 1:30pm- Oodles Memory Game 2:30pm- Creativity Club – Fall Mason Jar Luminary 4:00pm- Daily Chronicle Fun Facts 6pm- Boggle 7pm- Evening TV Shows</p> <p style="text-align: right;">30</p>	<p><i>A grateful heart is the best kind to have.</i></p>	

Activity Schedule is subject to change. Please see Daily Bulletin or White Board for changes. Contact our Recreation Staff with any questions. Forest Hill Heights LLC, 410-893-3070