

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2023

Forest Hill Heights Assisted Living

<p>9:30am- Teatime & Coffee Chats 10am- Archery 10:30am- Rosary & Communion 10:30am- Oodles Memory Game 1pm- Board Games 2pm- Pastor Buddy, Non-denominational Services 3pm- Velcro Catch 3:30pm- Bowling 4pm- Animal Documentary 4:30pm- Daily Chronicle Fun Facts 6pm- Mindful Coloring and Free Draw 7pm- Evening TV Shows</p>	<p>9:30am- Seated Stretches 10am- Jewelry Making 11am- Cranium Crunches 1pm- Taste Testing 1:30pm- Crosswords 2:00pm- Learning To Arm Knit 3pm- Croquet 4pm- National Dress Day Discussion 4:30pm- Daily Chronicle Fun Facts 6pm- Movie Night 7pm- Evening TV Shows</p> <p>Purim Begins</p>	<p>9:30am- Scarf Aerobics 10am- Board Games 11am- Can't Complain Trivia 11:30am- Page Word Puzzles 12pm- Lunch in from Chick-Fil-A (\$) 1pm- Crafty Hour 2pm- Drama Exercise 3pm- Polishing Nails & Hydration Station 4:30pm- Daily Chronicle Fun Facts 6pm- Music with Tom Cooke 7pm- Evening TV Shows</p>	<p>9:30am- Chair Yoga 10am- Creative Coloring Corner 10:30am- Women's Day Discussion/Trivia 10:30am- Rosary & Communion 11am- Walking Club 1pm- North Harford Worship Service 1:30pm- Bingo 3:15pm- Learning to Play- Flip It Card Game 4:30pm- Daily Chronicle Fun Facts 6pm- Karaoke! 7pm- Evening TV Shows</p> <p>World Compliment Day!</p>	<p>9:30am- Seated Dumbbell Exercise 10am- Reminiscing with the Senses 10:30am- Resident Meeting 11am- Balloon Soccer 1:00pm- Table Broom Hockey 1:30pm- Oodles Memory Game 2pm- Full Mass with St. Ignatius 3pm- Creativity Club 3:30pm- Kindness Social 4:30pm- Daily Chronicle Fun Facts 6pm- Useful Topic Trivia 7pm- Evening TV Shows</p>	<p>9:30am- Chair Dancersize 10am- Awesome Alliteration 10:30am- Current Events 11am- Science Lab 1:30pm- Bingo 3pm- Polishing Nails & Hydration Station 3:30pm- Harp Concert with Laura 4:30pm- Daily Chronicle Fun Facts 6pm- Learn Something New- Test your Knowledge! 7pm- Evening TV Shows</p>	<p>9:30am- Morning Coffee Talks 10am- Bean Bag Toss 10:30am- Penny Ante 11am- Guess the Price 1pm- Oodles Memory Game 2pm- Mad Gab 2:30pm- Target Practice 3pm- Nature Documentary 4:30pm- Daily Chronicle Fun Facts 6pm- Evening Jeopardy 7pm- Evening TV Shows</p>
<p>9:30am- Teatime & Coffee Chats 10am- Fly Swat 10:30am- Rosary & Communion 10:30am- Oodles Memory Game 1pm- Board Games 2pm- Resident's Choice 3pm- Axe Throwing 3:30pm- Target Practice 4pm- Animal Documentary 4:30pm- Daily Chronicle Fun Facts 6pm- Yahtzee Tournament 7pm- Evening TV Shows</p> <p>Daylight Saving Time Begins</p>	<p>9:30am- Seated Stretches 10am- Jewelry Making 11am- Cranium Crunches 1pm- Crosswords 1:30pm- Shake-N-Bake 2:30pm- Learning To Arm Knit 3pm- Plinko 4pm- March Madness Puzzle 4:30pm- Daily Chronicle Fun Facts 6pm- Movie Night 7pm- Evening TV Shows</p>	<p>9:30am- Scarf Aerobics 10am- Board Games 11am- Family Feud 11:30am- Page Word Puzzles 12pm- Lunch in from Pizza Boli's (\$) 1pm- Crafty Hour 2pm- A-Z dice Roll 3pm- Polishing Nails & Hydration Station 4:30pm- Daily Chronicle Fun Facts 6pm- Yesterday Once More with Ken King 7pm- Evening TV Shows</p>	<p>9:30am- Chair Yoga 10am- Creative Coloring Corner 10:30am- Alien Contact Day Discussion 10:30am- Rosary & Communion 11am- Walking Club 1pm- North Harford Worship Service 1:30pm- Bingo 3:15pm- Learning to Play- The Write Word Game 4:30pm- Daily Chronicle Fun Facts 6pm- E.T. the Movie 7pm- Evening TV Shows</p>	<p>9:30am- Seated Dumbbell Exercise 10am- What am I? 10:30am- Resident's Choice 11am- Balloon Keep it Up! 1:00pm- Table Broom Hockey 1:30pm- Oodles Memory Game 2pm- Creativity Club 3pm- Word Searches 3:30pm- Cone Toss 4:30pm- Daily Chronicle Fun Facts 6pm- Useful Topic Trivia 7pm- Evening TV Shows</p>	<p>9:30am- Chair Dancersize 10am- St Patrick's Day Rhyme Time Game 10:30am- Current Events 11am- Leprechauns on the Loose Hunt 1:30pm- Bingo 3pm- Polishing Nails & Hydration Station 4:30pm- Daily Chronicle Fun Facts 6pm- J & J Entertainment and Lucky Charm Social 7pm- Evening TV Shows</p> <p>Wear Green and Gold Day!</p> <p>St. Patrick's Day</p>	<p>9:30am- Morning Coffee Talks 10am- Corn Hole 10:30am- Would you Rather 11am- Fact or Crap 1pm- Oodles Memory Game 2pm- Card Games 2:30pm- Discussion Ball 3pm- Nature Documentary 4:30pm- Daily Chronicle Fun Facts 6pm- Evening Jeopardy 7pm- Evening TV Shows</p>
<p>9:30am- Teatime & Coffee Chats 10am- Balloon Keep it Up 10:30am- Rosary & Communion 10:30am- Oodles Memory Game 1pm- Board Games 2pm- Resident's Choice 3pm- Bocce 3:30pm- Connect Four 4pm- Animal Documentary 4:30pm- Daily Chronicle Fun Facts 6pm- Mindful Coloring and Free Draw 7pm- Evening TV Shows</p>	<p>9:30am- Seated Stretches 10am- Jewelry Making 11am- Cranium Crunches 1pm- Taste Testing 1:30pm- Crosswords 2:00pm- Learning To Arm Knit 3pm- Bowling 4pm- World Storytelling Day Discussion 4:30pm- Daily Chronicle Fun Facts 6pm- Movie Night 7pm- Evening TV Shows</p> <p>Wear Spring Colors/Floral Print Day!</p> <p>Spring Begins</p>	<p>9:30am- Scarf Aerobics 10am- Board Games 11am- Can't Complain Trivia 11:30am- Page Word Puzzles 12pm- Lunch in from La Tolteca (\$) 1pm- Crafty Hour 2pm- State Visits 3pm- Polishing Nails & Hydration Station 4:30pm- Daily Chronicle Fun Facts 6pm- Spring Social 7pm- Evening TV Shows</p>	<p>9:30am- Chair Yoga 10am- Creative Coloring Corner 10:30am- National Goof Off Day Discussion 10:30am- Rosary & Communion 11am- Walking Club 1pm- North Harford Worship Service 1:30pm- Bingo 3:15pm- Learning to Play- The Price Was Right 4:30pm- Daily Chronicle Fun Facts 6pm- Jokes & Jams with Centre Methodist 7pm- Evening TV Shows</p> <p>Ramadan Begins</p>	<p>9:30am- Seated Dumbbell Exercise 10am- Who am I? 10:30am- Resident's Choice 11am- Balloons and Noodles 1:00pm- Table Broom Hockey 1:30pm- Classics with Chris 3pm- Word Searches 3:30pm- Basketball Shoots 4:30pm- Daily Chronicle Fun Facts 6pm- Useful Topic Trivia 7pm- Evening TV Shows</p>	<p>9:30am- Chair Dancersize 10am- Catchphrase 10:30am- Newspaper Hour 11:30am- National Cheesesteak Day Discussion 1:30pm- Bingo 3pm- Polishing Nails & Hydration Station 4:30pm- Daily Chronicle Fun Facts 6pm- Learn Something New- Test your Knowledge! 7pm- Evening TV Shows</p>	<p>9:30am- Morning Coffee Talks 10am- Axe Throwing 10:30am- Racko 11am- Elvis IQ Quiz 1pm- Oodles Memory Game 2pm- Boggle 2:30pm- A-Z Dice Roll 3pm- Nature Documentary 4:30pm- Daily Chronicle Fun Facts 6pm- Wheel of Fortune 7pm- Evening TV Shows</p>
<p>9:30am- Teatime & Coffee Chats 10am- Balloon Keep it Up 10:30am- Rosary & Communion 10:30am- Oodles Memory Game 1pm- Board Games 2pm- Resident's Choice 3pm- Puppy Pals, Meet a Pooch! 3:30pm- Connect Four 4pm- Animal Documentary 4:30pm- Daily Chronicle Fun Facts 6pm- Mindful Coloring and Free Draw 7pm- Evening TV Shows</p>	<p>9:30am- Seated Stretches 10am- Jewelry Making 11am- Cranium Crunches 1pm- Crosswords 1:30pm- Shake-N-Bake 2:30pm- Learning To Arm Knit 3pm- Velcro Catch 4pm- World Theatre Day Discussion 4:30pm- Daily Chronicle Fun Facts 6pm- Music with Vic and March Birthday Party 7pm- Evening TV Shows</p>	<p>9:30am- Scarf Aerobics 10am- Board Games 11am- Travelogue 11:30am- Page Word Puzzles 12pm- Lunch in from Lib's Grill (\$) 1pm- Crafty Hour 2pm- MadLibs 3pm- Polishing Nails & Hydration Station 4:30pm- Daily Chronicle Fun Facts 6pm- Mindful Coloring and Free Draw 7pm- Evening TV Shows</p>	<p>9:30am- Chair Yoga 10am- Creative Coloring Corner 10:30am- Niagara Falls Discussion 10:30am- Rosary & Communion 11am- Walking Club 1pm- North Harford Worship Service 1:30pm- Bingo 3:15pm- NBA Basketball Trivia 4:30pm- Daily Chronicle Fun Facts 6pm- Karaoke! 7pm- Evening TV Shows</p>	<p>9:30am- Seated Dumbbell Exercise 10am- What am I? 10:30am- Resident's Choice 11am- Balloon Volley 11am- Silver Reader 1:00pm- Table Broom Hockey 1:30pm- Oodles Memory Game 2pm- Creativity Club 3pm- Word Searches 3:30pm- Corn Hole 4:30pm- Daily Chronicle Fun Facts 6pm- Useful Topic Trivia 7pm- Evening TV Shows</p>	<p>9:30am- Chair Dancersize 10am- Wacky Words 10:30am- Newspaper Hour 11:30am- Science Lab 1:30pm- Bingo 3pm- Polishing Nails & Hydration Station 4:30pm- Daily Chronicle Fun Facts 6pm- Learn Something New- Test your Knowledge! 7pm- Evening TV Shows</p>	<p>9:30am- Morning Coffee Talks 10am- Wacky Words 10:30am- Newspaper Hour 11:30am- Science Lab 1:30pm- Bingo 3pm- Polishing Nails & Hydration Station 4:30pm- Daily Chronicle Fun Facts 6pm- Learn Something New- Test your Knowledge! 7pm- Evening TV Shows</p>

Activity Schedule is subject to change.

Please see Daily Bulletin or White Board for changes.

Contact our Recreation Staff with any questions.

Forest Hill Heights LLC, 410-893-3070