

PLEASE CHECK OUT OUR FACEBOOK PAGE



Please contact the Recreation department with any questions or concerns.

410-893-3070

Church Services

Sundays & Wednesdays @ 10:30am-
Rosary & Communion with St. Ignatius

Wednesdays @ 1pm- North Harford
Worship Service with Pastor John.

1st Thursday Mass with St. Ignatius @ 2pm-
12/1

Silver Reader

Get books, audio books, music and more
from the Harford County Public Library!
12/6 & 12/27 @ 11am
If you are interested, please sign up.

December Birthdays

-Staff-

Galen Haderey- 7th

Antangela Smith- 15th

Kelly Bays- 18th

Haley Bennett- 24th

Jasmine Guy- 31ST

-Residents-

Ernest Zimmerman- 13th

Judith Peddicord- 14th

Paula Bradley 25th

December Anniversaries

Benjamin Jenkins 3 years

Mary Reich 2 years

Rachel Jones 1 year as

Director of Personal Care

Congratulations!

Forest Hill Heights

December 2022

Forest Hill Heights | 1 Colgate Drive Forest Hill MD, 21050 | 410-893-3070



A Letter from the Administrator

Every year I feel as though the year goes by in such a flash and this year is no different. This December we are anticipating a return of school chorus and band visits. We will have safe distancing and are requesting that all residents in attendance wear a mask. The month is going to be packed with festive activities to fill our days. Keep a look out for the days to dress to certain themes. I have even heard that we are going to have a visit with Santa and Elsa the Winter Princess. As always, I look forward to joining in on the fun with each of you.

Chrissy Smith

Chrissy Smith
Administrator

Mikaela Jackson
Assistant
Administrator

Rose Jorgenson
Culinary Director

Benjamin Jenkins
Maintenance
Director

Jennifer Metevia
Business Office
Manager

Susan Goad
Marketing Director

Rachel Jones
RN/CM/DN
Director of
Personal Care

Brittany Dieren
LPN
Assistant Director
of Personal Care

Tracy Wise
RN/CM/DN
Case Manager



DECEMBER

Activity Highlights:

12/1- DECORATE YOUR ROOM DOOR!

12/1- 1st Thursday Mass with St. Ignatius @ 2pm

12/2- Lunch In- Chipotle @ 12pm

12/2- Harp Concert @ 3:30pm

12/4- Rosary & Communion @ 10:30am

12/5- Shake N Bake @ 1:30pm

12/5- Music with Tom Cooke @ 6pm

12/6- Silver Reader @ 11am

12/7- Rosary & Communion @ 10:30am

12/7- North Harford Worship Service @ 1pm

12/8- Lunch In Chinese Food @ 12pm

12/9- Reindeer Games in Lobby @ 1:30pm

12/11- Rosary & Communion @ 10:30am

12/12- GRINCH DAY Party @ 10am (Wear Green)

12/12- Shake and Bake @ 1:30pm

12/14- Rosary and Communion @ 10:30am

12/14- North Harford Worship Service @ 1pm

12/15- Lunch In Italian Sensations @ 12pm

12/15- Hot Cocoa and Scones with Rose @ 2pm

12/15- Bel Air Christmas Choir in Lobby @ 6pm

12/16- Red Pump Elementary Concert @ 11:30am

12/16- Christmas Holiday Bus and Santa and Princess Elsa @ 6pm

12/17- St. Mary's Youth & Ministry Carolers @ 6pm

12/18- Rosary & Communion @ 10:30am

12/19- Christmas Pajama Day

12/19- Music with Tom Cooke @ 6pm

12/20- Dress up as your favorite Christmas Character Day

12/20- Girl Scout Troop 1421 Caroling @ 6:30pm

12/21- Wear your Ugly Christmas Sweater Day

12/21- Rosary and Communion @ 10:30am

12/21- Forest Hill Elementary Concert @ 10:30am

12/21- North Harford Worship Service @ 1pm

12/21- Jokes and Jams Centre Methodist @ 6pm

RAVENS GAMES IN LOUNGE

12/4 1pm Ravens VS Broncos

12/11 1pm Ravens VS Steelers

12/18 1pm Ravens VS Browns

12/24 1pm Ravens VS Falcons

MOVIE NIGHTS

12/2 6pm-Christmas Vacation
12/4 6pm-The Santa Clause
12/6 6pm- A Christmas Carol
12/7 6pm- Home Alone
12/10 6pm- Home Alone 2
12/11 6pm- The Santa Clause 2
12/12 10am- GRINCH MOVIE
12/13 6pm- ELF
12/14 6pm- Rudolph
12/18 6pm- The Santa Clause 3
12/24 6pm- IT'S A WONDERFUL LIFE
12/25 6pm- THE POLAR EXPRESS
12/27 6pm- A Christmas Story 2
12/30 6pm-White Christmas



PEAK PERFORMER

Forest Hill Heights would like to recognize Carol Butler, Our Peak Performer for December 2022. Thank you for your dedication and the difference you make in the lives of everyone at Forest Hill Heights. Congratulate Carol when you see her! * If you feel that someone should be recognized for outstanding performance, please feel free to fill out a HIWART postcard, drop a note in the suggestion box or see a manager to nominate for Peak Performer or HIWART recognition pin.

Friendly Reminders

- Always **Sign-up** on the Sheets on the Bulletin Board, seats go to first to first serve (within reason).
- Sign-up sheets for Lunches in and certain special events are on the **bulletin board** by the dining room.
- If your name is not on the list, we do not know you want to attend!!
- Also, do your best to show up for the events **on time**, we will do our best start on time 😊
- If the list is full, sign up for the waiting list. There is **no guarantee** that you will be able to attend but chances will be given if available to those on the waiting list.
- Everything in **red** you need to sign up for!
- Everything in **blue** is a religious activity.
- Safety is always our biggest concern. We may cancel events due to weather or other concerns for everyone's best interest

NOVEMBER HIGHLIGHTS

November was filled with a lot of fun fall festive activities and entertainment, including Great Gatsby Day and more!



New Resident Highlight

Welcome to Forest Hill Heights!
Please say hello and introduce yourself when you see a new

face! 😊

Claire Krach

Happy Holidays



12/22-Winter Wonderland Day (Wear blue and white)

12/22-Classics with Chris @ 1:30pm

12/23 Holiday Spirit Day

12/23 Hair and Makeup Christmas Ball @ 2pm

12/23 Christmas Ball @ 6pm

12/23 J&J Entertainment @ 6pm

12/25- Rosary and Communion @ 10:30am

12/26 Shake and Bake- Germany @ 1:30pm

12/27 Silver Reader @ 11am

12/28- Rosary and Communion @ 10:30am

12/28- North Harford Worship Service @ 1pm

12/29 Lunch In IHOP @ 12pm

12/29 Music with Danny Dolan @ 6pm

12/31 NEW YEARS CELEBRATION @ 2pm



Christmas Ornament Making and Decorating!

Christmas Wished for You

By: Sherry Asbury

May peace dwell with you,
may prosperity huddle near.
May family gather together
without heartache or tear.

There is a star shining
in the night sky ... just there.
It is for you to wish upon
to keep you safe from care.

May everything you need
be yours to have and proclaim
as you're due; just close your eyes
and ask it in His precious name.

Merry Christmas to you, friend.
Let your season be a blessed one
filled with love and cheer and more.
Smile, laugh, and enjoy the fun.

Hot Cocoa and Scones with Rose

In November, we had a wonderful afternoon filled with homemade Cocoa by Rose and Scones.



TURKEY TROT

ON THANKSGIVING AFTER LUNCH, WE TROTTED AROUND THE BUILDING AND COLLECTED AS MANY TURKEYS AS WE COULD FIND. TOMIKO WAS THE WINNER!



'Tis the Season for Being Thankful

- God, family, thankful to 87, Jen. -Marge
- Every day I live. My children's health. My good health.- Jane
- Thankful for Health and Living Well. -Paula
- I am thankful for living as long as I have I hope I live to 100.- Jack
- Not raining today and family. -Larry
- I am thankful for being loved. -Evelyn
- Thankful for being Alive. - Annie
- I am thankful for my niece and am 95 years of age. -MJ
- I am thankful for my family and friends at FHH and all my friends. -Eileen



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2022

Happy Holidays!



<p>9:30am- Teatime & Coffee Chats 10am- Archery 10:30am- Rosary & Communion 10:30am- Oodles Memory Game 1pm- Board Games 2pm- Resident's Choice 2:30pm- Velcro catch 3pm- Deal or No Deal 3:30pm- Bowling 4pm- Bubble Swat 4:30pm- Daily Chronicle & Fun Facts 6pm- MOVIE NIGHT: The Santa Clause 7pm- Evening TV Shows</p>	<p>9:30am- Seated Stretches 10am- Jewelry Making – Christmas bracelets 11am- Oodles Memory Game 1pm- Free Hand Drawing 1:30pm- Shake-N-Bake-Italy 2pm- Nature Shows 3pm- Board games 4pm- Balloon keep it up 4:30pm- Daily Chronicle & Fun Facts 6pm- Music with Tom Cooke 7pm – Evening TV Shows</p>	<p>9:30am- Chair Aerobics 10am- Board Games 11am-Oodles Memory Game 11am- Silver Reader 1pm- Balloon keep it up 1:30pm-Fly swat 2:30pm- Craft prep set up 3pm- Craft Hour 4pm- Newspaper hour 5pm- Daily Chronicle & Fun Facts 6pm- MOVIE NIGHT: A Christmas Carol 7pm- Evening TV Shows</p>	<p>9:30am- Chair Dancercise 10am- Creative Coloring Corner 10:30am- Rosary & Communion 10:30am- Puzzle Corner 10:30am – The Guessing Game 11am- Hangman 11:30am- Badminton Balloon 1pm- North Harford Worship Service 1:30pm- Bingo 3pm- Nail Polishing & Hydration Station 4pm- Oodles Memory Game 5pm- Karaoke 6pm- MOVIE NIGHT- Home Alone 7pm- Evening TV Shows</p>	<p>9:30am- Chair Aerobics 10am- Board Games 11am- Name that Tune 11:30pm- Hot Potato w/ Balloon 1:30pm- Oodles Memory Game 2pm-1st Thursday Mass with St. Ignatius 2:30pm-Confessions with Fr. Peter 2:30pm- Craft prep set up 3pm- Craft Hour 4pm- State visits 5pm- Daily Chronicle & Fun Facts 6pm- Nature Shows 7pm- Evening TV Shows DECORATE YOUR DOOR!</p>	<p>9:30am- Chair Yoga 10am- Oodles Memory Game 11am- Table Broom Hockey 12pm- Lunch In – Chipotle 1:30pm- Bingo 3:30pm- Harp Music in Lobby 4:30pm- Daily Chronicle & Fun Facts 6pm- MOVIE NIGHT- Christmas Vacation 7pm- Movie Cont.</p>	<p>9:30am- Teatime & Coffee Chats 10am- Wake Up with Morning Exercise 10:30am- Hangman 11am- Bubbles Fly Swat 11:30am- Funny jokes/poems 1pm- Scrabble & Card Games 2pm- Resident's Choice! 2:30pm- Oodles Memory Game 3pm- Nail Polishing & Hydration Station 4pm-Newspaper Hour 6pm- Nature shows 7pm- Evening TV Shows</p>
<p>9:30am- Teatime & Coffee Chats 10am- Card games 10:30am- Rosary & Communion 10:30am- Puzzle Corner 10:30am- Hangman 11am- Tic Tac Throw 11:30am- Trivia 1pm- Board Games 2pm- Oodles Memory Game 3:30pm- Bottle Toss 4pm- Axe Throwing 4:30pm- Daily Chronicle & Fun Facts 6pm- MOVIE NIGHT: The Santa Clause 2 7pm- Evening TV Shows</p>	<p>9:30am- Seated Stretches 10am- GRINCH MOVIE 11am- GRINCH PARTY with Special Guest 11:30am- GRINCH LUNCH 1pm- Free Hand Drawing 1:30pm- Shake-N-Bake -France 2:30pm- Lawrence Welk Christmas Special 3:30pm- Boocce ball 4pm- Velcro catch 4:30pm- Daily Chronicle & Fun Facts 6pm- Nature shows GRINCH DAY: WEAR GREEN</p>	<p>9:30am- Chair Aerobics 10am- Board Games I 11:30pm- Family Feud 1pm- Table Broom Hockey 1:30pm- Oodles Memory Game 2:30pm- Craft prep set up 3pm- Craft Hour 4pm- State visits 5pm- Daily Chronicle & Fun Facts 6pm- Movie Night – ELF 6:30-movie cont. 7pm – Evening TV shows</p>	<p>7:30-9am- Managers serve Breakfast 9:30am- Chair Dancercise 10am- Creative Coloring Corner 10:30am- Rosary & Communion 10:30am- Puzzle Corner 10:30am- The Guessing Game 11am- Fly Swat 11:30am- Balloon keep it up 1pm- North Harford Worship Service 1:30pm- Bingo 3pm- Nail Polishing & Hydration Station- 4:30pm- Daily Chronicle & Fun Facts 6pm- MOVIE NIGHT: Rudolph 7pm- Evening TV Shows</p>	<p>9:30am- Chair Yoga 10am- Oodles Memory Game 11am- Science Lab 12pm – Lunch In – Italian Sensations 1pm- Board Games 2pm- Hot Cocoa & Scones with Rose 3pm- Penny Anti Trivia 4pm- Card games 4:30pm- Daily Chronicle & Fun Facts 6pm- Bel Air Choir in lobby 7pm- Evening TV Shows</p>	<p>9:30am- Seated Dumbbell Exercise 10am- Board Games 11am- Hot Potato w/Balloon 11:30am- Red Pump Elementary Concert 1:30pm- Bingo 3pm- Dean Martin's Christmas Special 4pm- Christmas Holiday Bus and Santa 4:30pm- Christmas Holiday Bus and Santa 6pm- Christmas Holiday Bus and Santa 6pm- Card games 7pm- Evening TV Shows</p>	<p>9:30am- Teatime & Coffee Chats 10am- Wake Up with Morning Exercise 10:30am- Name that Tune 11am – Bubble fly swat 11:30am- Funny jokes/poems 1pm- Scrabble & Card Games 2pm- Resident's Choice! 2:30pm- Parachute Prevail 3pm- Nail Polishing & Hydration Station 4pm- Christmas Karaoke 6pm- St. Mary's Youth Ministry Carolers 7pm- Evening TV Shows</p>
<p>9:30am- Teatime & Coffee Chats 10am- Card games 10:30am- Rosary & Communion 10:30am- Puzzle Corner 11am – Tic tac throw 11:30am- Funny jokes/poems 1pm- Board Games 2pm- Resident's Choice 2:30pm- Trivia 3pm- Hangman 3:30pm- Balloon keep it up 4pm- Family Feud 4:30pm- Daily Chronicle & Fun Facts 6pm- MOVIE NIGHT: The Santa Clause 3 HAPPY HAWKWAH!</p>	<p>9:30am- Seated Stretches 10am- Jewelry Making – Christmas bracelets 11am- Boocce ball 11:30am-Velcro catch 1pm- Family Feud 1:30pm- Bob Hope's Christmas Special 3pm- Newspaper Hour 4pm-State Visits 6pm- Music with Tom Cooke 7pm – Evening TV shows CHRISTMAS PAJAMA DAY: WEAR YOUR FESTIVE PJs</p>	<p>9:30am- Chair Aerobics 10am- Board Games 11am- Target Practice 11:30pm- Elipko 1pm- Table Broom Hockey 1:30pm- Oodles Memory Game 2:30pm- Craft prep set up 3pm- Craft Hour 4pm-Cone Toss 4:30pm- Daily Chronicle & Fun Facts 6:30pm- Girl Scout Troop 1421 Caroling CHRISTMAS CHARACTER DAY: DRESS AS YOUR FAVORITE</p>	<p>9:30am- Chair Dancercise 10am- Board games 10:30am- Rosary & Communion 10:30am- Forest Hill Elementary Concert 1pm- North Harford Worship Service 1:30pm- Bingo 3pm- Nail Polishing & Hydration Station 4pm-State visits 4:30pm- Daily Chronicle & Fun Facts 6pm- Jokes & Jams with Centre Methodist 7pm- Evening TV Shows UGLY XMAS SWEATER DAY: PULL OUT THOSE UGLY SWEATERS Winter Begins</p>	<p>9:30am- Chair Yoga 10am- Oodles Memory Game 11am- Science Lab 12pm – Lunch In – Green Turtle 1:30pm Classics with Chris 2:30pm- Balloon Soccer 3pm- Nature shows 4pm- Cone Toss 6pm- Bingo 7pm – Evening TV shows WINTER WONDERLAND DAY: WEAR WHITE AND BLUE</p>	<p>9:30am- Seated Dumbbell Exercise 10am- Board Games 11am- Oodles Memory Game 1:30pm- Deal or No Deal 2pm- Hair & Make up for Christmas Ball 3:30pm- Dress your best for the Ball 4:30pm- Daily Chronicle & Fun Facts 6pm- J & J Entertainment 6pm- Christmas Ball HOLIDAY SPIRIT DAY: DRESS FESTIVE</p>	<p>9:30am- Teatime & Coffee Chats 10am- Wake Up with Morning Exercise 10:30am- Board games 11am- Ring Toss 11:30am- Rhyme Time 1pm- Scrabble & Card Games 2pm- Resident's Choice! 2:30pm- Balloon Noodle Baseball 3pm- Nail Polishing & Hydration Station 4pm- Family Feud 4:30pm-Daily Chronicles & Fun facts 6pm- MOVIE NIGHT- IT'S A WONDERFUL LIFE MERRY CHRISTMAS EVE</p>
<p>9:30am- Teatime & Coffee Chats 10am- CHRISTMAS PARADE TV LOBBY 10:30am- Rosary & Communion 10:30am- Puzzle Corner 11am - Hangman 11:30am- Target Practice 1pm- Board Games 2pm- Bingo 3:30pm- Fly Swat 4pm- Archery 4:30pm- Daily Chronicle & Fun Facts 6pm- MOVIE NIGHT- THE POLAR EXPRESS MERRY CHRISTMAS</p>	<p>9:30am- Seated Stretches 10am- Jewelry Making – Holiday bracelets 11am- Oodles Memory game 1:30pm- Shake-N-Bake-Germany 2:30pm- Nature Shows 3:30pm- Boocce Ball 4pm- Classic Movie Trivia 4:30pm- Daily Chronicle & Fun Facts 6pm- Music with Vic in Lobby 7pm- Evening TV Shows</p>	<p>9:30am- Chair Aerobics 10am- Board Games 11am- Silver Reader 11:30pm- Elipko 1:30pm- Oodles Memory Game 2:30pm- Craft prep set up 3pm- Craft Hour 4pm- Badminton 4:30pm- Daily Chronicle & Fun Facts 6pm- MOVIE NIGHT- FROSTY 7pm- Evening TV Shows</p>	<p>9:30am- Chair Dancercise 10am- Creative Coloring Corner 10:30am- Rosary & Communion 10:30pm- Puzzle Corner 10:30am-Penny Anti Trivia 11:30am- Science Lab 1pm- North Harford Worship Service 1:30pm- Bingo 3pm- Nail Polishing & Hydration Station 4pm-Card games 4:30pm- Daily Chronicle & Fun Facts 6pm- Movie Night – A Christmas Story 6:30pm- Movie continued 7pm- Evening TV shows</p>	<p>9:30am- Chair Aerobics 10am- Board Games 11am- Target Practice 11:30pm- Family Feud 12pm – Lunch In – IHOP 1pm- Table Broom Hockey 1:30pm- Oodles Memory Game 2:30pm- Boocce Ball 3pm- Nature shows 4pm-Archery 4:30pm- Daily Chronicle & Fun Facts 6pm- Music with Danny Dolan in Lobby 7pm- Evening TV Shows</p>	<p>9:30am- Seated Dumbbell Exercise 10am- Board Games 11am- Oodles Memory Game 1:30pm- Bingo 3pm- Soothing Spa Time 4pm- Trivia 4pm- Table Broom Hockey 4:30pm- Daily Chronicle & Fun Facts 6pm- Movie Night –White Christmas 6:30pm- Movie continued 7pm- Evening TV Shows</p>	<p>9:30am- Teatime & Coffee Chats 10am- Wake Up with Morning Exercise 10:30am- Hangman 11am- Bubble Fly Swat 11:30am-Funny jokes/poems 1pm- Scrabble & Card Games 2pm- Resident's Choice! 2:30pm- Balloon Noodle Baseball 3pm- Nail Polishing & Hydration Station 4pm-Boocce Ball 4:30pm- Daily Chronicle & Fun Facts 6pm- Nature shows 6:30pm- NEW YEARS CELEBRATION!</p>

Christmas

Boxing Day (Canada)
Kwanzaa Begins

New Year's Eve