Church Services

Sundays & Wednesdays @
10:30am- Rosary & Communion
with St. Ignatius

Wednesdays @ 1pm- North Harford Worship Service with Pastor John.

1st Thursday Mass with St. Ignatius @ 2pm-11/3

Silver Reader

Get books, audio books, music and more from the Harford County Public Library!

11/15 @ 11am
If you are interested, please sign up.

PLEASE CHECK OUT OUR FACEBOOK PAGE



Please contact the Recreation department with any questions or concerns.

410-893-3070

Our Pumpkin Contest Winner



Sherrill Rhodes

APPLE CIDER SOCIAL



Forest Hill Heights Senior Living

November 2022

410-893-3070 | 1 Colgate Drive Forest Hill, Maryland, 21050



Administrator Chrissy Smith

Assistant Administrator Mikaela Jackson

> Culinary Director Rose Jorgenson

Maintenance Director Ben Jenkins

Business Office Manager Jennifer Metevia

Director of Personal Care Rachel Jones RN, CM, DN

> Admissions Director Susan Goad

Assistant Director of Personal Care Brittany Dieren LPN

> Case Manager Tracy Wise RN

A Letter from the Administrator

Natalie welcomed her baby boy in August, Mikalea welcomed her baby boy in September and now the PCA Kaylei welcomed her baby girl in October. Our mini baby boom has now come to an end.

We have been making some changes to the Activities and are hoping that you all are enjoying them.

We will be holding a turkey trot; a Great Gatsby Day (wear you flapper attire) and lunch-ins are returning.

This is the most busiest time of the year and we hope to see you all in activities.

Chrissy Smith

Thanksgiving Poem

Thanksgiving Day

By: Lydia Marie Child

Over the river, and through the wood, To grandfather's house we go;

The horse knows the way

To carry the sleigh
Through the white and drifted snow.

Over the river, and through the wood—
Oh, how the wind does blow!
It stings the toes
And bites the nose
As over the ground we go.

Over the river, and through the wood,
To have a first-rate play.
Hear the bells ring
"Ting-a-ling-ding",
Hurrah for Thanksgiving Day!

Over the river, and through the wood Trot fast, my dapple-gray! Spring over the ground, Like a hunting-hound! For this is Thanksgiving Day.

Over the river, and through the wood,
And straight through the barn-yard gate.
We seem to go
Extremely slow, —
It is so hard to wait!

Over the river and through the wood— Now grandmother's cap I spy! Hurrah for the fun! Is the pudding done? Hurrah for the pumpkin-pie! Mark Your Calendar
GREAT GATSBY DAY!

Monday Nov. 21st in the Lounge
Wear your best flapper attire
and enjoy an afternoon on the
lounge filled with music, movie,
special treats, followed by a
fancy dinner!

PEAK PER



Forest Hill Heights would like to recognize Hailey Rathell, Our Peak Performer for November 2022. Thank you for your dedication and the difference you make in the lives of everyone at Forest Hill Heights. Congratulate Hailey when you see her! * If you feel that someone should be recognized for outstanding performance, please feel free to fill out a HIWART postcard, drop a note in the suggestion box or see a manager to nominate for Peak Performer or HIWART recognition pin.

FALL FEST ACTIVITIES

In the month of October, we had a lot of fun fall fest activities take place. Check out some of the snap shots of Pumpkin Decorating, Costume Contest, Apple cider social, Halloween fest, Trick- or- Treat and, more.

NOVEMBER

Activity Highlights:

11/1- Music with Danny Dolan @ 6pm

11/2- Rosary & Communion @ 10:30am

11/2- North Harford Worship @1pm

11/3- Lunch In- Tutto Fresco @ 12pm

11/3- 1st Thursday Mass with St. Ignatius @ 2pm

11/4- Harp Concert 3:30pm

11/6- Rosary & Communion @ 10:30am

11/7- Shake N Bake Burger Cookies @ 1:30pm

11/8- Lunch In- Subway 12pm

11/8- Yesterday Once More-Ken King @6pm

11/9- Rosary & Communion @ 10:30am

11/9- North Harford Worship Service @ 1pm

11/9- Jokes & Jams Centre Methodist @ 6pm

11/10- Lunch In- Mr. Souvlaki @12pm

11/10- Hot Cocoa and Scones with Rose 2pm

11/10- Create a Thankful Tree with Jen 2:30pm

11/11- Veterans Celebration with Ben 2pm

11/13- Rosary & Communion @ 10:30am

11/14- Shake N Bake @ 1:30pm

11/15- Silver Reader @ 11am

11/16- Rosary & Communion @ 10:30am

11/16- North Harford Worship Service @ 1pm

11/16- Musical Tracks with Vic Fontaine @ 6pm

11/17- Lunch In- Italian Sensations @ 12pm

11/17- Ice Cream Making with Rose @ 2pm

11/18- J & J the Duo @ 6pm

11/20- Rosary & Communion @ 10:30am

11/21- Classics with Chris @ 1:30pm

11/21- GREAT GATSBY EVENT @ 2:30pm

11/22- Craft Hour Rock Painting Jen @ 3pm

11/23- Rosary & Communion @ 10:30am

11/23- North Harford Worship Service @ 1pm

11/23- Jokes & Jams Centre Methodist @ 6pm

11/24- Turkey Trot @ 2pm

11/27- Rosary & Communion @ 10:30am

11/28- Lunch In- Pizza @ 12pm

11/28- Shake N Bake @1:30pm

11/29- Lunch In- Red Robin @ 12pm

11/29- Craft Hour with Jen Ornaments @ 3pm

11/30- Rosary & Communion @ 10:30am

11/30-North Harford Worship Service @ 1pm

Friendly Reminders

- Always Sign-up on the Sheets on the Bulletin Board, seats go to first come first serve (within reason).
- Sign-up sheets for Lunches in and certain special events are on the bulletin board by the dining room.
- If your name is not on the list, we do not know you want to attend!!
- Also, do your best to show up for the events on time, we will do our best to start on time ©
- If the list is full, sign up for the waiting list. There is no guarantee that you will be able to attend but chances will be given if available to those on the waiting list.
- Everything in red you need to sign up for!
- Everything in blue is a religious activity

Safety is always our biggest concern. We may cancel events due to weather or other concerns for everyone's best interest

RAVENS GAMES IN LOUNGE

11/7 Ravens vs Saints @ 8:15pm 11/20 Ravens vs Panthers @ 1pm 11/27 Ravens vs Jaguars @1pm

NOVEMBER BIRTHDAYS

-RESIDENTS-

Eileen Glansfield- 11/6
Catherine Lozoskie- 11/9
Stephen Rapley- 11/12
Terese McFaul- 11/17
Evelyn Keen- 11/18
Nancy Palughi- 11/19
Doris Hostetler- 11/21
Tomiko Ball- 11/22
Allan Hirsch- 11/24
Joseph Norris- 11/25
Russell Atwood- 11/26
Lester Carter- 11/26

-STAFF-

Kirsten Blackwell- 11/1
Katherine Eferyini- 11/14
Mary Lynch- 11/20
Lori Hensley- 11/25

NOVEMBER ANNIVERSARIES

Linda Smalls- 2 years Jennifer Metevia- 1 year Elizabeth German- 2 years

New Resident Highlight

Welcome to Forest Hill Heights! Please say hello and introduce yourself when you see a new face!

Jane Hodges



Jack Kendall



Margaret Hoerr



Ruby Himmer

