

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Activities are subject to change.



<p>10:30am- Teatime &amp; Coffee Chats 11am- Morning Stretch 12:30pm- Daily Chronicle &amp; Fun Facts 1pm- Folding Function 1:30pm- Sounds From the 30's 2pm- Church Service Stream 3pm- Hydration Station 3:30pm- Peace &amp; Coloring 4pm- Skee Ball 5:30pm- After Dinner Stretch 6pm- Snakes &amp; Ladders 7pm- Evening Music Relaxation</p> <p style="text-align: right;"><b>6</b></p>	<p>10:30am- Table Broom Hockey 11am- Fabric Feel 12:30pm- Daily Chronicle &amp; Fun Facts 1pm- Bowling <b>1:30pm- Homemade Ice Cream Social</b> 3pm- Hydration Station 3:30pm- Produce Organization 4pm- Tumble 5:30pm- After Dinner Stretch 6pm- Corn Hole 7pm- Evening Music Relaxation</p> <p style="text-align: right;"><b>7</b></p>	<p>10:30am- Chair Dancercise 11am- Lego Creations 12:30pm- Daily Chronicle &amp; Fun Facts 1pm- Shoot for the Hoop! 1:30pm- Hangman 2pm- Ring Toss 2:30pm- Where Can I Find This? 3pm- Hydration Station 3:30pm- In the Kitchen 4pm- Patio Chit Chats &amp; Relax 5:30pm- After Dinner Stretch 6pm- Would You Rather? 7pm- Evening Music Relaxation</p> <p style="text-align: right;"><b>1</b></p>	<p>10:30am- Chair Yoga 11am- Building Station 12:30pm- Daily Chronicle &amp; Fun Facts 1pm- Hot Potato <b>1:30pm- Crafty Hour: Hawaiian Flower Creations</b> 2:30pm- Discussion Ball 3pm- Hydration Station 3:30pm- Nail Polishing &amp; Hand Massages 5:30pm- After Dinner Stretch 6pm- Movie Night! 7pm- Evening Music Relaxation</p> <p style="text-align: right;"><b>2</b></p>	<p>10:30am- Cycling &amp; Seated Dumbbell Exercise 11am- Lincoln Log Creations 12:30pm- Daily Chronicle &amp; Fun Facts 1pm- Velcro Catch 1:30pm- Hair Fix 2:30pm- Fly Swat 3pm- Hydration Station 3:30pm- Writing Refresh 4pm- Parachute 5:30pm- After Dinner Stretch 6pm- Target Practice 7pm- Evening Music Relaxation</p> <p style="text-align: right;"><b>3</b></p>	<p>10:30am- Balloon Keep it Up! 11am- Button Sorting 12:30pm- Daily Chronicle &amp; Fun Facts 1pm- Archery <b>1:30pm- Crafty Hour: Hello Summer</b> 2:30pm- Bottle Toss 3pm- Hydration Station 3:30pm- Word Builder 4pm- Whack-o-Mole 5:30pm- After Dinner Stretch 6pm- Family Feud 7pm- Evening Music Relaxation</p> <p style="text-align: right;"><b>4</b></p>	<p>10:30am- Teatime &amp; Coffee Chats 11am- Simon Says, "Wake Up!" 12:30pm- Daily Chronicle &amp; Fun Facts 1pm- Head Hoop! 1:30pm- Craft Wrap Up 2pm- Residents' Choice! 2:30pm- What in the World? 3pm- Hydration Station 3:30pm- Nail Polishing &amp; Hand Massages 5:30pm- After Dinner Stretch 6pm- Saturday Night TV Shows 7pm- Evening Music Relaxation</p> <p style="text-align: right;"><b>5</b></p>		
<p>10:30am- Teatime &amp; Coffee Chats 11am- Morning Stretch 12:30pm- Daily Chronicle &amp; Fun Facts 1pm- Folding Function 1:30pm- Sounds From the 30's 2pm- Church Service Stream 3pm- Hydration Station 3:30pm- Peace &amp; Coloring 4pm- Skee Ball 5:30pm- After Dinner Stretch 6pm- Snakes &amp; Ladders 7pm- Evening Music Relaxation</p> <p style="text-align: right;"><b>13</b></p>	<p>10:30am- Table Broom Hockey 11am- Fabric Feel 12:30pm- Daily Chronicle &amp; Fun Facts 1pm- Bowling <b>1:30pm- Homemade Ice Cream Social</b> 3pm- Hydration Station 3:30pm- Produce Organization 4pm- Tumble 5:30pm- After Dinner Stretch 6pm- Corn Hole 7pm- Evening Music Relaxation</p> <p style="text-align: right;"><b>7</b></p>	<p>10:30am- Chair Dancercise 11am- Button Sorting 12:30pm- Daily Chronicle &amp; Fun Facts 1pm- Velcro Catch 1:30pm- What in the World? 2pm- Parachute 2:30pm- Trivia Crack 3pm- Hydration Station 3:30pm- Baby Corner 4pm- Patio Chit Chats &amp; Relax 5:30pm- After Dinner Stretch 6pm- Would You Rather? 7pm- Evening Music Relaxation</p> <p style="text-align: right;"><b>8</b></p>	<p>10:30am- Chair Yoga 11am- Where Can I Find This? 12:30pm- Daily Chronicle &amp; Fun Facts 1pm- Balloon Noodle Baseball <b>2pm- Music with Vic Fontaine</b> 3pm- Hydration Station 3:30pm- Nail Polishing &amp; Hand Massages 5:30pm- After Dinner Stretch 6pm- Movie Night! 7pm- Evening Music Relaxation</p> <p style="text-align: right;"><b>9</b></p>	<p>10:30am- Cycling &amp; Seated Dumbbell Exercise 11am- In the Kitchen 12:30pm- Daily Chronicle &amp; Fun Facts 1pm- Hot Potato 1:30pm- Hair Fix 2:30pm- Shoot for the Hoop! 3pm- Hydration Station 3:30pm- Writing Refresh 4pm- Mini Golf 5:30pm- After Dinner Stretch 6pm- Target Practice 7pm- Evening Music Relaxation</p> <p style="text-align: right;"><b>10</b></p>	<p>10:30am- Balloon Keep it Up! 11am- Lego Creations 12:30pm- Daily Chronicle &amp; Fun Facts 1pm- Discussion Ball <b>1:30pm- Crafty Hour: Seascape Painting</b> 2:30pm- Archery 3pm- Hydration Station 3:30pm- Hangman 4pm- Hungry Hungry Hippos 5:30pm- After Dinner Stretch 6pm- Family Feud 7pm- Evening Music Relaxation</p> <p style="text-align: right;"><b>11</b></p>	<p>10:30am- Teatime &amp; Coffee Chats 11am- Simon Says, "Wake Up!" 12:30pm- Daily Chronicle &amp; Fun Facts 1pm- Balloon Soccer 1:30pm- Craft Wrap Up 2pm- Residents' Choice! 2:30pm- Word Builder 3pm- Hydration Station 3:30pm- Nail Polishing &amp; Hand Massages 5:30pm- After Dinner Stretch 6pm- Saturday Night TV Shows 7pm- Evening Music Relaxation</p> <p style="text-align: right;"><b>12</b></p>		
<p>10:30am- Teatime &amp; Coffee Chats 11am- Morning Stretch 12:30pm- Daily Chronicle &amp; Fun Facts 1pm- Produce Organization 1:30pm- Sounds From the 40's 2pm- Church Service Stream 3pm- Hydration Station 3:30pm- Peace &amp; Coloring 4pm- Bucket Toss 5:30pm- After Dinner Stretch 6pm- Snakes &amp; Ladders 7pm- Evening Music Relaxation</p> <p style="text-align: right;"><b>13</b></p>	<p>10:30am- Table Broom Hockey 11am- Folding Function 12:30pm- Daily Chronicle &amp; Fun Facts 1pm- Mini Golf <b>2pm- Music with Tom Cooke</b> 3pm- Hydration Station 3:30pm- History &amp; Discussion: Robert Heft &amp; The 50 Star Flag 4pm- Wack-o-Mole 5:30pm- After Dinner Stretch 6pm- Corn Hole 7pm- Evening Music Relaxation</p> <p style="text-align: right;"><b>14</b></p>	<p>10:30am- Chair Dancercise 11am- Lincoln Log Creations 12:30pm- Daily Chronicle &amp; Fun Facts 1pm- Discussion Ball 1:30pm- Word Builder 2pm- Hot Potato 2:30pm- Button Sorting 3pm- Hydration Station 3:30pm- What in the World? 4pm- Patio Chit Chats &amp; Relax 5:30pm- After Dinner Stretch 6pm- Would You Rather? 7pm- Evening Music Relaxation</p> <p style="text-align: right;"><b>15</b></p>	<p>10:30am- Chair Yoga 11am- In the Kitchen 12:30pm- Daily Chronicle &amp; Fun Facts 1pm- Bowling <b>1:30pm- Crafty Hour: Mandala Sun Catcher</b> 2:30pm- Shoot for the Hoop! 3pm- Hydration Station 3:30pm- Nail Polishing &amp; Hand Massages 5:30pm- After Dinner Stretch 6pm- Movie Night! 7pm- Evening Music Relaxation</p> <p style="text-align: right;"><b>16</b></p>	<p>10:30am- Cycling &amp; Seated Dumbbell Exercise 11am- Lego Creations 12:30pm- Daily Chronicle &amp; Fun Facts 1pm- Bottle Toss 1:30pm- Hair Fix 2:30pm- Skee Ball 3pm- Hydration Station 3:30pm- Writing Refresh 4pm- Archery 5:30pm- After Dinner Stretch 6pm- Target Practice 7pm- Evening Music Relaxation</p> <p style="text-align: right;"><b>17</b></p>	<p>10:30am- Balloon Keep it Up! 11am- Fabric Feel 12:30pm- Daily Chronicle &amp; Fun Facts 1pm- Velcro Catch <b>1:30pm- Crafty Hour: Tie One On</b> 2:30pm- Parachute 3pm- Hydration Station 3:30pm- Where Can I Find This? 4pm- Tumble 5:30pm- After Dinner Stretch 6pm- Family Feud 7pm- Evening Music Relaxation</p> <p style="text-align: right;"><b>18</b></p>	<p>10:30am- Teatime &amp; Coffee Chats 11am- Simon Says, "Wake Up!" 12:30pm- Daily Chronicle &amp; Fun Facts 1pm- Balloon Noodle Baseball 1:30pm- Craft Wrap Up 2pm- Residents' Choice! 2:30pm- Juneteenth true or False 3pm- Hydration Station 3:30pm- Nail Polishing &amp; Hand Massages 5:30pm- After Dinner Stretch 6pm- Saturday Night TV Shows 7pm- Evening Music Relaxation</p> <p style="text-align: right;"><b>19</b></p>		
<p>10:30am- Teatime &amp; Coffee Chats 11am- Morning Stretch 12:30pm- Daily Chronicle &amp; Fun Facts 1pm- Baby Corner 1:30pm- Sounds From the 50's 2pm- Church Service Stream 3pm- Hydration Station 3:30pm- What Am I? Father's Day Edition 4pm- Balloon Soccer 5:30pm- After Dinner Stretch <b>6pm- Father's Day Social</b> 7pm- Evening Music Relaxation</p> <p style="text-align: right;"><b>20</b></p>	<p>10:30am- Table Broom Hockey 11am- What in the World? 12:30pm- Daily Chronicle &amp; Fun Facts 1pm- Bowling <b>1:30pm- Crafty Hour: TikTok Creations</b> 2:30pm- Garden Check Up 3pm- Hydration Station 3:30pm- Button Sorting 4pm- Word Builder 5:30pm- After Dinner Stretch 6pm- Corn Hole 7pm- Evening Music Relaxation</p> <p style="text-align: right;"><b>21</b></p>	<p>10:30am- Chair Dancercise 11am- Produce Organization 12:30pm- Daily Chronicle &amp; Fun Facts 1pm- Mini Golf 1:30pm-Tumble 2pm- Parachute 2:30pm- In the Kitchen 3pm- Hydration Station 3:30pm- Lego Creations 4pm- Patio Chit Chats &amp; Relax 5:30pm- After Dinner Stretch 6pm- Would You Rather? 7pm- Evening Music Relaxation</p> <p style="text-align: right;"><b>22</b></p>	<p>10:30am- Chair Yoga 11am- Fabric Feel 12:30pm- Daily Chronicle &amp; Fun Facts 1pm- Velcro Catch <b>1:30pm- Crafty Hour: DIY Hawaiian Lei</b> 2:30pm- Parachute 3pm- Hydration Station 3:30pm- Nail Polishing &amp; Hand Massages 5:30pm- After Dinner Stretch 6pm- Movie Night! 7pm- Evening Music Relaxation</p> <p style="text-align: right;"><b>23</b></p>	<p>10:30am- Cycling &amp; Seated Dumbbell Exercise 11am- Folding Function 12:30pm- Daily Chronicle &amp; Fun Facts 1pm- Bowling 1:30pm- Hair Fix 2:30pm- Discussion Ball 3pm- Hydration Station 3:30pm- Writing Refresh 4pm- Balloon Noodle Baseball 5:30pm- After Dinner Stretch 6pm- Target Practice 7pm- Evening Music Relaxation</p> <p style="text-align: right;"><b>24</b></p>	<p>10:30am- Balloon Keep it Up! 11am- Lincoln Log Creations 12:30pm- Daily Chronicle &amp; Fun Facts 1pm- Whack-o-Mole <b>1:30pm- Beauty Station Doors Open</b> <b>6pm- Enchanted Forest Senior Prom</b></p> <p style="text-align: right;"><b>25</b></p>	<p>10:30am- Teatime &amp; Coffee Chats 11am- Simon Says, "Wake Up!" 12:30pm- Daily Chronicle &amp; Fun Facts 1pm- Shoot for the Hoop! 1:30pm- Craft Wrap Up 2pm- Residents' Choice! 2:30pm- Trivia Crack 3pm- Hydration Station 3:30pm- Nail Polishing &amp; Hand Massages 5:30pm- After Dinner Stretch 6pm- Saturday Night TV Shows 7pm- Evening Music Relaxation</p> <p style="text-align: right;"><b>26</b></p>		
<p>10:30am- Teatime &amp; Coffee Chats 11am- Morning Stretch 12:30pm- Daily Chronicle &amp; Fun Facts 1pm- What in the World? 1:30pm- Sounds From the 60's 2pm- Church Service Stream 3pm- Hydration Station 3:30pm- Peace &amp; Coloring 4pm- Bottle Toss 5:30pm- After Dinner Stretch 6pm- Snakes &amp; Ladders 7pm- Evening Music Relaxation</p> <p style="text-align: right;"><b>27</b></p>	<p>10:30am- Table Broom Hockey 11am- Where Can I Find This? 12:30pm- Daily Chronicle &amp; Fun Facts 1pm- Discussion Ball <b>2pm- Music with Tom Cooke</b> 3pm- Hydration Station 3:30pm- In the Kitchen 4pm- Archery 5:30pm- After Dinner Stretch 6pm- Corn Hole 7pm- Evening Music Relaxation</p> <p style="text-align: right;"><b>28</b></p>	<p>10:30am- Chair Dancercise 11am- Folding Function 12:30pm- Daily Chronicle &amp; Fun Facts 1pm- Velcro Catch 1:30pm- Word Builder 2pm- Hot Potato 2:30pm- Fabric Feel 3pm- Hydration Station 3:30pm- Button Sorting 4pm- Patio Chit Chats &amp; Relax 5:30pm- After Dinner Stretch 6pm- Would You Rather? 7pm- Evening Music Relaxation</p> <p style="text-align: right;"><b>29</b></p>	<p>10:30am- Chair Yoga 11am- Lincoln Log Creations 12:30pm- Daily Chronicle &amp; Fun Facts 1pm- Shoot for the Hoop! <b>1:30pm- Crafty Hour: Whipped cream Art</b> 2:30pm- Bowling 3pm- Hydration Station 3:30pm- Nail Polishing &amp; Hand Massages 5:30pm- After Dinner Stretch 6pm- Movie Night! 7pm- Evening Music Relaxation</p> <p style="text-align: right;"><b>30</b></p>	<p><b>Luau Day!</b> <b>Wear Your Hula Attire!</b></p>			<p><b>National Pink Flamingo Day!</b> <b>Wear As Much Pink As You Can!</b></p>	
<p><b>June 2021</b></p> <p><i>Forest Hill Heights Memory Care</i></p>								