

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p><i>Activities are subject to change. Any Updates will be displayed on the daily bulletins located by the dining room.</i></p>	<p>9:30am- Chair Yoga 10am- Jewelry Making 11am- Helping Hands 11:30am- Fly Swat 1pm- Hair Fix 1:30pm- Table Broom Hockey 2pm- Hangman 2:30pm- Hot Potato 3pm- Free Hand Drawing 4pm- Parachute Prevail 4:30pm- Daily Chronicle &amp; Fun Facts 6pm- Bingo 7pm- Evening Music in Lounge</p>	<p>9:30am- Seated Exercise Video 10am- Train Dominoes &amp; Boardgames 11am- Bottle Toss 11:30am- Hangout with Winston &amp; Shirley Jr. 1pm- Balloon Soccer 1:30pm- <b>Crocheting with Kylie</b> 3pm- Crafty Hour: St. Patrick's Day Door Hanger 4:30pm- Daily Chronicle &amp; Fun Facts 6pm- Bingo 7pm- Evening Music in Lounge</p>	<p>9:30am- Chair Dancercise 10am- Scrabble &amp; Boardgames 11am- Shoot for the Hoop! 11:30am- Writing Refresh 1:30pm- Bingo 3pm- Nail Polishing &amp; Hydration Station 4:30pm- Daily Chronicle &amp; Fun Facts 6pm- Trivia 7pm- Evening Music in Lounge</p>	<p>9:30am- Balloon Keep it Up 10am- Puzzle Corner 10:30am- <b>Resident Meeting</b> 11am- Rhyme Time 11:30am- Bad Mitten 1pm- Yahtzee &amp; Boardgames 2pm- Velcro Catch 2:30pm- Crafty Hour: DIY St. Patrick's Day Wall Art 4pm- Bowling 4:30pm- Daily Chronicle &amp; Fun Facts 6pm- Penny Ante 7pm- Evening Music in Lounge</p>	<p>9:30am- Resistance Bands Warm Up 10am- Dominoes &amp; Boardgames 11am- Cone Toss 11:30am- Playdough Hand Exercise 1:30pm- Bingo 3pm- Target Practice 3:30pm- Word Builder 4pm- Discussion Ball 4:30pm- Daily Chronicle &amp; Fun Facts 6pm- <b>Movie Night!</b> 7pm- Evening Music in Lounge</p>	<p>9:30am- Tea Time &amp; Coffee Chats 10am- Simon Says, "Wake Up!" 10:30am- Craft Wrap Up 11:30am- Skee Ball 1pm- Rummikub &amp; Card Games 2pm- Croquet 2:30pm- What in the World? 3pm- Residents' Choice! 3:30pm- Nail Polishing &amp; Hydration Station 4:30pm- Daily Chronicle &amp; Fun Facts 6pm- Mystery Bag Bingo 7pm- Evening Music in Lounge</p>
<p>9:30am- Tea Time &amp; Coffee Chats 10am- Morning Stretch 10:30am- <b>Church Service Stream</b> 10:30am- Puzzle Corner 11:30am- Giant Connect 4 1pm- Yahtzee &amp; Boardgames 2pm- Archery 2:30pm- Deal Or No Deal 3pm- Mini Golf 3:30pm- Peace &amp; Coloring 4pm- Balloon Noodle Baseball 4:30pm- Daily Chronicle &amp; Fun Facts 6pm- Pokeno 7pm- Evening Music in Lounge</p>	<p>9:30am- Chair Yoga 10am- Jewelry Making 11am- Helping Hands 11:30am- Throw Tic Tac Toe 1pm- Hair Fix 1:30pm- Head Hoop 2pm- Free Rice! 2:30pm- Giant Ring Toss 3pm- Free Hand Drawing 4pm- Discussion Ball 4:30pm- Daily Chronicle &amp; Fun Facts 6pm- Bingo 7pm- Evening Music in Lounge</p>	<p>9:30am- Seated Exercise Video 10am- Chicken Foot Dominoes &amp; Boardgames 11am- Target Practice 11:30am- Hangout with Winston &amp; Shirley Jr. 1pm- Bocce Ball 1:30pm- <b>Crocheting with Kylie</b> 3pm- <b>Crafty Hour: Leprechaun Gnomes Part 1</b> 4:30pm- Daily Chronicle &amp; Fun Facts 6pm- Bingo 7pm- Evening Music in Lounge</p>	<p>9:30am- Chair Dancercise 10am- 5 Alive 10:15am- <b>Food Committee Meeting</b> 11am- Hot Potato 11:30am- Writing Refresh 1:30pm- Bingo 3pm- Nail Polishing &amp; Hydration Station 4:30pm- Daily Chronicle &amp; Fun Facts 6pm- Trivia 7pm- Evening Music in Lounge</p>	<p>9:30am- Balloon Keep it Up 10am- Puzzle Corner 10:30am- Elefun 11am- Word Scapes 11:30am- Shoot for the Hoop! 1pm- Yahtzee &amp; Boardgames 2pm- Parachute Prevail 2:30pm- <b>Crafty Hour: Leprechaun Gnomes Part 2</b> 4pm- Skee Ball 4:30pm- Daily Chronicle &amp; Fun Facts 6pm- Penny Ante 7pm- Evening Music in Lounge</p>	<p>9:30am- Resistance Bands Warm Up 10am- Dominoes &amp; Boardgames 11am- Balloon Soccer 11:30am- Playdough Hand Exercise 1:30pm- Bingo 3pm- Cone Toss 3:30pm- <b>National Plant a Flower Day Activity!</b> 4:30pm- Daily Chronicle &amp; Fun Facts 6pm- <b>Movie Night!</b> 7pm- Evening Music in Lounge</p>	<p>9:30am- Tea Time &amp; Coffee Chats 10am- Simon Says, "Wake Up!" 10:30am- Craft Wrap Up 11:30am- Bowling 1pm- Rummikub &amp; Card Games 2pm- Chicken Dance! 2:30pm- Trivia Crack 3pm- Residents' Choice! 3:30pm- Nail Polishing &amp; Hydration Station 4:30pm- Daily Chronicle &amp; Fun Facts 6pm- Mystery Bag Bingo 7pm- Evening Music in Lounge</p>
<p>9:30am- Tea Time &amp; Coffee Chats 10am- Morning Stretch 10:30am- <b>Church Service Stream</b> 10:30am- Puzzle Corner 11:30am- Mini Golf 1pm- Yahtzee &amp; Boardgames 2pm- Bad Mitten 2:30pm- Family Feud 3pm- Archery 3:30pm- Peace &amp; Coloring 4pm- Cone Toss 4:30pm- Daily Chronicle &amp; Fun Facts 6pm- Pokeno 7pm- Evening Music in Lounge <i>Daylight Saving Time Begins</i></p>	<p>9:30am- Chair Yoga 10am- Jewelry Making 11am- Helping Hands 11:30am- Table Broom Hockey 1pm- Hair Fix 1:30pm- Target Practice 2pm- Rhyme Time 2:30pm- <b>Clover Hunt!</b> 3:30pm- Free Hand Drawing 4pm- Balloon Noodle Baseball 4:30pm- Daily Chronicle &amp; Fun Facts 6pm- Bingo 7pm- Evening Music in Lounge</p>	<p>9:30am- Seated Exercise Video 10am- Train Dominoes &amp; Boardgames 11am- Velcro Catch 11:30am- Hangout with Winston &amp; Shirley Jr. 12pm- <b>Lunch In from Red Robin(\$)</b> 1:30pm- <b>Crocheting with Kylie</b> 3pm- Crafty Hour: St. Patrick's Day Center Pieces 4:30pm- Daily Chronicle &amp; Fun Facts 6pm- Bingo 7pm- Evening Music in Lounge</p>	<p>9:30am- Chair Dancercise 10am- Interesting Facts About Ireland 11am- Discussion Ball 11:30am- St. Patrick's Day Guess a Letter 1:30pm- Bingo 3:30pm- <b>Leprechaun Gnome Races!</b> 4:30pm- Daily Chronicle &amp; Fun Facts 6pm- <b>St. Patrick's Day Party!</b> 7pm- Evening Music in Lounge</p>	<p>9:30am- Balloon Keep it Up 10am- Puzzle Corner 10:30am- Giant Ring Toss 11am- iPad Games 11:30am- Giant Connect 4 1pm- Yahtzee &amp; Boardgames 2pm- Bowling 2:30pm- Crafty Hour: Welcome Spring 4pm- Croquet 4:30pm- Daily Chronicle &amp; Fun Facts 6pm- Penny Ante 7pm- Evening Music in Lounge</p>	<p>9:30am- Resistance Bands Warm Up 10am- Dominoes &amp; Boardgames 11am- Bottle Toss 11:30am- Playdough Hand Exercise 1:30pm- Bingo 3:30pm- <b>Spa Day!</b> 4:30pm- Daily Chronicle &amp; Fun Facts 6pm- <b>Movie Night!</b> 7pm- Evening Music in Lounge</p>	<p>9:30am- Tea Time &amp; Coffee Chats 10am- Simon Says, "Wake Up!" 10:30am- Craft Wrap Up 11:30am- Bocce Ball 1pm- Rummikub &amp; Card Games 2pm- Parachute Prevail 2:30pm- Hangman 3pm- Residents' Choice! 3:30pm- Nail Polishing &amp; Hydration Station 4:30pm- Daily Chronicle &amp; Fun Facts 6pm- Mystery Bag Bingo 7pm- Evening Music in Lounge <i>Spring Begins</i></p>
<p>9:30am- Tea Time &amp; Coffee Chats 10am- Morning Stretch 10:30am- <b>Church Service Stream</b> 10:30am- Puzzle Corner 11:30am- Elefun 1pm- Yahtzee &amp; Boardgames 2pm- Target Practice 2:30pm- Hangman 3pm- Discussion Ball 3:30pm- Peace &amp; Coloring 4pm- Marshmallow Slingshot 4:30pm- Daily Chronicle &amp; Fun Facts 6pm- Pokeno 7pm- Evening Music in Lounge</p>	<p>9:30am- Chair Yoga 10am- Jewelry Making 11am- Helping Hands 11:30am- Balloon Soccer 1pm- Hair Fix 1:30pm- Fly Swat 2pm- Trivia Crack 2:30pm- Skee Ball 3pm- Free Hand Drawing 4pm- Bowling 4:30pm- Daily Chronicle &amp; Fun Facts 6pm- Bingo 7pm- Evening Music in Lounge</p>	<p>9:30am- Seated Exercise Video 10am- Chicken Foot Dominoes &amp; Boardgames 11am- Bad Mitten 11:30am- Hangout with Winston &amp; Shirley Jr. 1pm- Giant Connect 4 1:30pm- <b>Crocheting with Kylie</b> 3pm- <b>Ladies Tea &amp; Men's Social</b> 4:30pm- Daily Chronicle &amp; Fun Facts 6pm- Bingo 7pm- Evening Music in Lounge</p>	<p>9:30am- Chair Dancercise 10am- Sorry! 11am- Discussion Ball 11:30am- Writing Refresh 1:30pm- Bingo 3pm- Nail Polishing &amp; Hydration Station 4:30pm- Daily Chronicle &amp; Fun Facts 6pm- Trivia 7pm- Evening Music in Lounge</p>	<p>9:30am- Balloon Keep it Up 10am- Puzzle Corner 10:30am- Shoot for the Hoop! 11am- Crafts from A to Z 11:30am- Parachute Prevail 1pm- Yahtzee &amp; Boardgames 1:30pm- <b>Painting with Natalie</b> 4pm- Velcro Catch 4:30pm- Daily Chronicle &amp; Fun Facts 6pm- Penny Ante 7pm- Evening Music in Lounge</p>	<p>9:30am- Resistance Bands Warm Up 10am- Dominoes &amp; Boardgames 11am- Table Broom Hockey 11:30am- Playdough Hand Exercise 1:30pm- Bingo 3pm- Archery 3:30pm- Rhyme Time 4pm- Balloon Noodle Baseball 4:30pm- Daily Chronicle &amp; Fun Facts 6pm- <b>Movie Night!</b> 7pm- Evening Music in Lounge</p>	<p>9:30am- Tea Time &amp; Coffee Chats 10am- Simon Says, "Wake Up!" 10:30am- Craft Wrap Up 11:30am- Bottle Toss 1pm- Rummikub &amp; Card Games 2pm- Hot Potato 2:30pm- iPad Games 3pm- Residents' Choice! 3:30pm- Nail Polishing &amp; Hydration Station 4:30pm- Daily Chronicle &amp; Fun Facts 6pm- Mystery Bag Bingo 7pm- Evening Music in Lounge <i>Passover Begins</i></p>
<p>9:30am- Tea Time &amp; Coffee Chats 10am- Morning Stretch 10:30am- <b>Church Service Stream</b> 10:30am- Puzzle Corner 11:30am- Fly Swat 1pm- Yahtzee &amp; Boardgames 2pm- Bowling 2:30pm- Word Scapes 3pm- Giant Ring Toss 3:30pm- Peace &amp; Coloring 4pm- Table Broom Hockey 4:30pm- Daily Chronicle &amp; Fun Facts 6pm- Pokeno 7pm- Evening Music in Lounge <i>Palm Sunday</i></p>	<p>9:30am- Chair Yoga 10am- Jewelry Making 11am- Helping Hands 11:30am- Mini Golf 1pm- Hair Fix 1:30pm- Bad Mitten 2pm- What in the World? 2:30pm- Velcro Catch 3pm- Free Hand Drawing 4pm- Croquet 4:30pm- Daily Chronicle &amp; Fun Facts 6pm- Bingo 7pm- Evening Music in Lounge</p>	<p>9:30am- Seated Exercise Video 10am- Train Dominoes &amp; Boardgames 11am- Hot Potato 11:30am- Hangout with Winston &amp; Shirley Jr. 12pm- <b>Lunch In from Vagabonds(\$)</b> 1:30pm- <b>Crocheting with Kylie</b> 3pm- Crafty Hour: Easter Door Decor 4:30pm- Daily Chronicle &amp; Fun Facts 6pm- <b>March Birthday Party!</b> 7pm- Evening Music in Lounge</p>	<p>9:30am- Chair Dancercise 10am- Snakes &amp; Ladders 11am- Balloon Soccer 11:30am- Writing Refresh 1:30pm- Bingo 3pm- Nail Polishing &amp; Hydration Station 4:30pm- Daily Chronicle &amp; Fun Facts 6pm- Trivia 7pm- Evening Music in Lounge</p>	<div style="text-align: center;">  <h1>March 2021</h1> <p>Forest Hill Heights Assisted Living</p> </div>		