

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



October 2020

Forest Hill Heights Memory Care

<p>10:30am- Tea Time & Coffee Chats 11am- Balloon Noodle Baseball 12:30pm- Daily Chronicle & Fun Facts 1pm- Sunday Football 2:30pm- Elefun 3pm- Hydration Station 3:30pm- Church Service Stream 5:30pm- After Dinner Stretch 6pm- Snakes & Ladders 7pm- Evening Music Relaxation</p>	<p>10:30am- Table Broom Hockey 11am- Name 5! 12:30pm- Daily Chronicle & Fun Facts 1pm- Fly Swat 1:30pm- Crafty Hour: Yarn Pumpkin Garland 2:30pm- Bean Bag Toss 3pm- Hydration Station 3:30pm- Button Sorting 4pm- Shoot for the Hoop! 5:30pm- After Dinner Stretch 6pm- Spot the Difference 7pm- Evening Music Relaxation</p>	<p>10:30am- Chair Dancercise 11am- Folding Function 12:30pm- Daily Chronicle & Fun Facts 1pm- Parachute 1:30pm- Nail Polishing & Hand Massages 2:30pm- Cone Toss 3pm- Hydration Station 3:30pm- Playdough Hand Exercise 4pm- 5 Second Rule 5:30pm- After Dinner Stretch 6pm- What in the World? 7pm- Evening Music Relaxation</p>	<p>10:30am- Chair Yoga 11am- Lego Creations 12:30pm- Daily Chronicle & Fun Facts 1pm- Going Fishing 1:30pm- Crafty Hour: Spooky Plant Decor 2:30pm- Hot Potato 3pm- Hydration Station 3:30pm- Puzzle Corner 4pm- Sing A Long Songs 5:30pm- After Dinner Stretch 6pm- Movie Night 7pm- Evening Music Relaxation</p>	<p>10:30am- Bowling 11am- Magic Water Paintings 12:30pm- Daily Chronicle & Fun Facts 1pm- Writing Refresh 1:30pm- Peace & Coloring 2pm- Nail Polishing & Hand Massages 3pm- Hydration Station 3:30pm- Scenario Discussion Cards 4pm- Mini Golf 5:30pm- Post-Dinner Stretch 6pm- Family Feud 7pm- Evening Music Relaxation</p>	<p>10:30am- Balloon Keep it Up 11am- Lincoln Log Creations 12:30pm- Daily Chronicle & Fun Facts 1pm- Produce Market 1:30pm- Crafty Hour: Floral Arrangement 2:30pm- Velcro Catch 3pm- Hydration Station 3:30pm- Table Broom Hockey 4pm- Sounds of the 50's 5:30pm- After Dinner Stretch 6pm- Target Practice 7pm- Evening Music Relaxation</p> <p>Sukkot Begins</p>	<p>10:30am- Tea Time & Coffee Chats 11am- Simon Says, "Wake Up!" 12:30pm- Daily Chronicle & Fun Facts 1pm- Bucket Toss 1:30pm- Craft Wrap Up 2:30pm- Hungry Hungry Hippos 3pm- Hydration Station 3:30pm- Whack O' Mole 4pm- A short Story 5:30pm- After Dinner Stretch 6pm- Saturday Night TV Shows 7pm- Evening Music Relaxation</p>
<p>10:30am- Tea Time & Coffee Chats 11am- Building Station 12:30pm- Daily Chronicle & Fun Facts 1pm- Sunday Football 2:30pm- Going Fishing 3pm- Hydration Station 3:30pm- Church Service Stream 5:30pm- After Dinner Stretch 6pm- Snakes & Ladders 7pm- Evening Music Relaxation</p>	<p>10:30am- Table Broom Hockey 11am- Finish the Phrase Cards 12:30pm- Daily Chronicle & Fun Facts 1pm- Kitchen Cupboard Organization 1:30pm- Crafty Hour: Beaded Pipe Cleaner Indian Corn 2:30pm- Head Hoop 3pm- Hydration Station 3:30pm- Produce Market 4pm- Whack-o-Mole 5:30pm- After Dinner Stretch 6pm- Spot the Difference 7pm- Evening Music Relaxation Columbus Day (US) Thanksgiving Day (Canada)</p>	<p>10:30am- Chair Dancercise 11am- Hangout with Dexter 12:30pm- Daily Chronicle & Fun Facts 1pm- Velcro Catch 1:30pm- Nail Polishing & Hand Massages 2:30pm- Kick Bowling 3pm- Hydration Station 3:30pm- Magic Water Paintings 4pm- Discussion Ball 5:30pm- After Dinner Stretch 6pm- What in the World? 7pm- Evening Music Relaxation</p>	<p>10:30am- Chair Yoga 11am- Playdough Hand Exercise 12:30pm- Daily Chronicle & Fun Facts 1pm- Hungry Hungry Hippos 1:30pm- Crafty Hour: Glitter Pumpkin 2:30pm- Fly Swat 3pm- Hydration Station 3:30pm- Puzzle Corner 4pm- Scenario Discussion Cards 5:30pm- After Dinner Stretch 6pm- Movie Night 7pm- Evening Music Relaxation</p>	<p>10:30am- Bowling 11am- Folding Function 12:30pm- Daily Chronicle & Fun Facts 1pm- Cone Toss 1:30pm- Peace & Coloring 2pm- Nail Polishing & Hand Massages 3pm- Hydration Station 3:30pm- In the Kitchen 4pm- Parachute 5:30pm- Post-Dinner Stretch 6pm- Family Feud 7pm- Evening Music Relaxation</p>	<p>10:30am- Balloon Keep it Up 11am- Tumble! 12:30pm- Daily Chronicle & Fun Facts 1pm- Fabric Feel 1:30pm- Crafty Hour: Beaded Pipe Cleaner Pumpkin 2:30pm- Bad Mitten 3pm- Hydration Station 3:30pm- Skee Ball 4pm- Sounds of the 70's 5:30pm- After Dinner Stretch 6pm- Target Practice 7pm- Evening Music Relaxation</p>	<p>10:30am- Tea Time & Coffee Chats 11am- Simon Says, "Wake Up!" 12:30pm- Daily Chronicle & Fun Facts 1pm- Mini Golf 1:30pm- Craft Wrap Up 2:30pm- Walks & Talks 3pm- Hydration Station 3:30pm- Button Sorting 4pm- A short Story 5:30pm- After Dinner Stretch 6pm- Saturday Night TV Shows 7pm- Evening Music Relaxation</p>
<p>10:30am- Tea Time & Coffee Chats 11am- Cone Toss 12:30pm- Daily Chronicle & Fun Facts 1pm- Sunday Football 2:30pm- Elefun 3pm- Hydration Station 3:30pm- Church Service Stream 5:30pm- After Dinner Stretch 6pm- Snakes & Ladders 7pm- Evening Music Relaxation</p>	<p>10:30am- Table Broom Hockey 11am- Discussion Ball 12:30pm- Daily Chronicle & Fun Facts 1pm- Parachute 1:30pm- Crafty Hour: Pumpkin Painting 2:30pm- Ring Toss 3pm- Hydration Station 3:30pm- Playdough Hand Exercise 4pm- Velcro Catch 5:30pm- After Dinner Stretch 6pm- Spot the Difference 7pm- Evening Music Relaxation</p>	<p>10:30am- Chair Dancercise 11am- Produce Market 12:30pm- Daily Chronicle & Fun Facts 1pm- Head Hoop 1:30pm- Nail Polishing & Hand Massages 2:30pm- Bad Mitten 3pm- Hydration Station 3:30pm- Folding Function 4pm- Word Builder 5:30pm- After Dinner Stretch 6pm- What in the World? 7pm- Evening Music Relaxation</p>	<p>10:30am- Chair Yoga 11am- Hangout with Dexter 12:30pm- Daily Chronicle & Fun Facts 1pm- Tumble! 1:30pm- Crafty Hour: Autumn Coloring Creations 2:30pm- Mini Golf 3pm- Hydration Station 3:30pm- Pumpkin Sensory Corner 5:30pm- After Dinner Stretch 6pm- Movie Night 7pm- Evening Music Relaxation</p>	<p>10:30am- Bowling 11am- Writing Refresh 12:30pm- Daily Chronicle & Fun Facts 1pm- Kitchen Cupboard Organization 1:30pm- Peace & Coloring 2pm- Nail Polishing & Hand Massages 3pm- Hydration Station 3:30pm- Sensory Corner 4pm- Table Broom Hockey 5:30pm- Post-Dinner Stretch 6pm- Family Feud 7pm- Evening Music Relaxation</p>	<p>10:30am- Balloon Keep it Up 11am- Finish the Phrase Cards 12:30pm- Daily Chronicle & Fun Facts 1pm- Scenario Discussion Cards 1:30pm- Crafty Hour: Halloween Clay Creations 2:30pm- Fly Swat 3pm- Hydration Station 3:30pm- Building Station 4pm- Sounds of the 80's 5:30pm- After Dinner Stretch 6pm- Target Practice 7pm- Evening Music Relaxation</p>	<p>10:30am- Tea Time & Coffee Chats 11am- Simon Says, "Wake Up!" 12:30pm- Daily Chronicle & Fun Facts 1pm- Kick Bowling 1:30pm- Craft Wrap Up 2:30pm- Walks & Talks 3pm- Hydration Station 3:30pm- Magic Water Paintings 4pm- A short Story 5:30pm- After Dinner Stretch 6pm- Saturday Night TV Shows 7pm- Evening Music Relaxation</p>
<p>10:30am- Tea Time & Coffee Chats 11am- Head Hoop 12:30pm- Daily Chronicle & Fun Facts 1pm- Sunday Football 2:30pm- Hungry Hungry Hippos 3pm- Hydration Station 3:30pm- Church Service Stream 5:30pm- After Dinner Stretch 6pm- Snakes & Ladders 7pm- Evening Music Relaxation</p>	<p>10:30am- Table Broom Hockey 11am- Writing Refresh 12:30pm- Daily Chronicle & Fun Facts 1pm- Skee Ball 1:30pm- Crafty Hour: Ghostly Designs 2:30pm- Leapfrog Toss 3pm- Hydration Station 3:30pm- Magic Water Paintings 4pm- Mini Golf 5:30pm- After Dinner Stretch 6pm- Spot the Difference 7pm- Evening Music Relaxation</p>	<p>10:30am- Chair Dancercise 11am- Tumble! 12:30pm- Daily Chronicle & Fun Facts 1pm- Fly Swat 1:30pm- Nail Polishing & Hand Massages 2:30pm- Going Fishing 3pm- Hydration Station 3:30pm- Button Sorting 4pm- Finish the Phrase Cards 5:30pm- After Dinner Stretch 6pm- What in the World? 7pm- Evening Music Relaxation</p>	<p>10:30am- Chair Yoga 11am- Scenario Discussion Cards 12:30pm- Daily Chronicle & Fun Facts 1pm- Building Station 1:30pm- Crafty Hour: Pipe Cleaner Spider 2:30pm- Bad Mitten 3pm- Hydration Station 3:30pm- Puzzle Corner 4pm- In the Kitchen 5:30pm- After Dinner Stretch 6pm- Movie Night 7pm- Evening Music Relaxation</p>	<p>10:30am- Bowling 11am- Word Builder 12:30pm- Daily Chronicle & Fun Facts 1pm- Balloon Noodle Baseball 1:30pm- Peace & Coloring 2pm- Nail Polishing & Hand Massages 3pm- Hydration Station 3:30pm- Discussion Ball 4pm- Kick Bowling 5:30pm- Post-Dinner Stretch 6pm- Family Feud 7pm- Evening Music Relaxation</p>	<p>10:30am- Balloon Keep it Up 11am- Playdough Hand Exercise 12:30pm- Daily Chronicle & Fun Facts 1pm- Halloween Tales 1:30pm- Fall Festival Begins! 4pm- Sounds of the 90's 5:30pm- After Dinner Stretch 6pm- Target Practice 7pm- Evening Music Relaxation</p> <p>Wear Your Halloween Costume!</p>	<p>10:30am- Tea Time & Coffee Chats 11am- Simon Says, "Wake Up!" 12:30pm- Daily Chronicle & Fun Facts 1pm- Parachute 1:30pm- Craft Wrap Up 2:30pm- walks & Talks 3pm- Hydration Station 3:30pm- Ghoulishly Funny Riddles 4pm- A short Story 5:30pm- After Dinner Stretch 6pm- Saturday Night TV Shows 7pm- Evening Music Relaxation</p> <p>Halloween</p>